







A project of the Chatham-Kent Agri-Development Committee in partnership with the Chatham-Kent Public Health Unit, Chatham-Kent Healthy Communities Partnership and the Chatham-Kent Food Policy Council.

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### INTRODUCTION

A kitchen/culinary incubator is a location that is designed to support early stage catering, and retail or wholesale food businesses. By covering the capital costs of the shared kitchen facilities, which are rented to new businesses, the kitchen incubator enables businesses to develop to the stage where it can invest in its own facilities. A kitchen incubator may also assist with business planning, mentoring and other business supports. It is a shared commercial kitchen-space facility that seeks to provide its clients with a strategic, value-added intervention system of monitoring and business assistance. These systems provide controls and links to resources with the objective of facilitating the successful new venture development of the clients while simultaneously containing the cost of their potential failure (Hackett & Dilts, 2004).

The Chatham-Kent Agri-Development (CKAD) Committee with support from the Chatham-Kent Food Policy Council and Chatham-Kent Public Health launched a survey in the spring of 2014 to engage the community to help identify development needs and measure local interest in establishing a culinary/kitchen incubator in Chatham-Kent. Support for the survey was received from the Chatham-Kent Healthy Communities and analysis of the survey was completed by Chatham-Kent Public Health.

The online survey was distributed via email to various networks across Chatham-Kent and posted on the Chatham-Kent Agri-Development Committee website and the CK Food Policy Council website. Paper copies of the survey were distributed at libraries across Chatham-Kent for community members to complete.

Above photos courtesy of FoodShare and our photographer Laura Berman of GreenFuse Photography.

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### 1. Relationship to Food Preparation Production

Approximately 39% of respondents identified themselves as food vendors when describing their relationships to food preparation production (Figure 1). The next most frequently selected responses were speciality/gourmet food producer (26.4%), non-profit organization (19.8%) and those interested in becoming a new food entrepreneur (19.8%).

Other
Government
Media
1.9
Media
2.8
Individual
Consumer
Value Added (Farm) Producer
Interested in Becoming a New Food Entrepreneur
Non-profit Organization
Speciality/Gourmet Food Producer
Food Vendor

Other
1.9
1.9
1.9
1.9
1.9
2.8
17.0
17.0
19.8
38.7

0.0

10.0

20.0

Percentage (%)

30.0

40.0

50.0

Figure 1. Percentage of Individuals Describing Their Relationship to Food Preparation Production (n=103)

Note: Respondents had the option of selecting more than one response.

### 2. Anticipated Role in Relation to a Kitchen Incubator

More than two-thirds of respondents (n=72; 68.6%) identified themselves as supporters of a kitchen incubator when asked to describe their anticipated role, while 33 individuals (31.4%) described themselves as a user (Figure 2.).

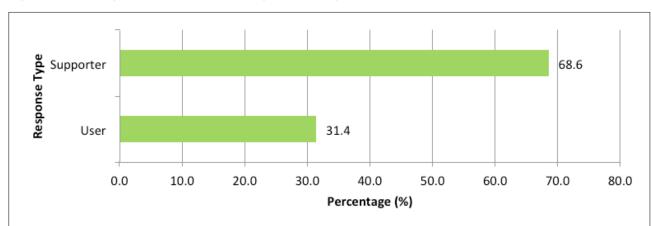


Figure 2. Percentage of Individuals Describing Their Anticipated Role to a Kitchen Incubator (n=105)





### 3. Food Category Preparation: Current and Future

Overall, respondents were most interested in preparing bakery goods (n=17), salsa/sauces/condiments (n=17) and jams/jellies/syrup (n=14). With regards to foods currently being prepared by respondents, bakery goods (n=11) and salsa/sauces/condiments (n=7) were the top two food choices, followed by jams/jellies/syrups (n=6) and canned foods (n=6). From the list provided, most would like to prepare salsa/sauces/condiments (n=11) followed by jams/jellies/syrups (n=10), and bakery goods (n=9).

Table 1. Types of Food Individuals are Currently Preparing or Would Like to Prepare in the Future

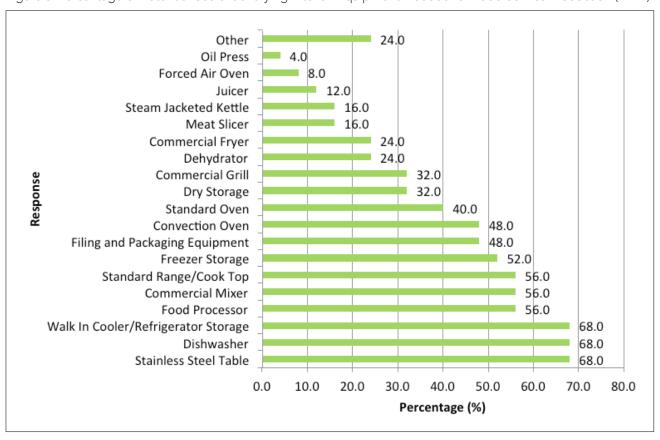
	Preparing	Preparing	Preparing in	Preparing in	
Food Categories	Now (#)	Now (%)	the Future	the Future	Total
			(#)	(%)	
Bakery Goods	11	64.7%	9	52.9%	17
Salsa/Sauces/Condiments	7	41.2%	11	64.7%	17
Jams/Jellies/Syrups	6	42.9%	10	71.4%	14
Catered Goods	5	50.0%	5	50.0%	10
Canned Foods	6	66.7%	4	44.4%	9
Dry Mixes	4	44.4%	6	66.7%	9
Value Added Produce	3	37.5%	6	75.0%	8
Food Truck Vendor	2	25.0%	6	75.0%	8
Pasta	3	42.9%	4	57.1%	7
Meat/Cheese	4	57.1%	4	57.1%	7
Honey/Maple Syrup	5	71.4%	3	42.9%	7
Sidewalk Food Vendor	1	16.7%	5	83.3%	6
Organic Products	4	66.7%	3	50.0%	6
Beer/Wine	2	40.0%	3	60.0%	5
Juices, or Other	1	25.0%	3	75.0%	4
Beverages					
Other	2	50.0%	2	50.0%	4

Note: Respondents had the option of selecting more than one response.

### 4. Equipment Needed For Food Service Production

Potential users of the kitchen incubator indicated that they would primarily need stainless steel tables (68%), dishwashers (68%), and a walk-in cooler/refrigerator (68%; Figure 3). This was followed by food processors, commercial mixers, and a standard range/cook top, each at a 56%.

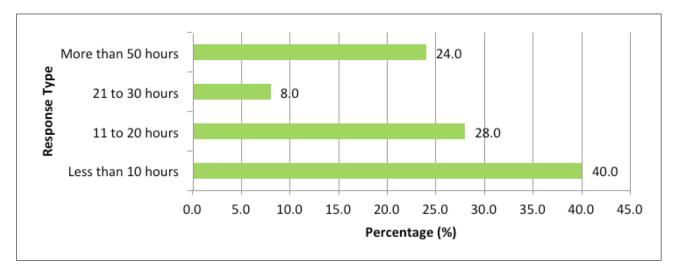
Figure 3. Percentage of Potential Users Identifying Kitchen Equipment Needed for Food Service Production (n=27)



### 5. Amount of Time Needed For Kitchen Usage by Users

Of the 26 potential users that responded to this question, most (40.0%) indicated that they would require less than 10 hours a month to use the kitchen, followed by 28.0% of respondents stating they would need 11 to 20 hours (Figure 4).

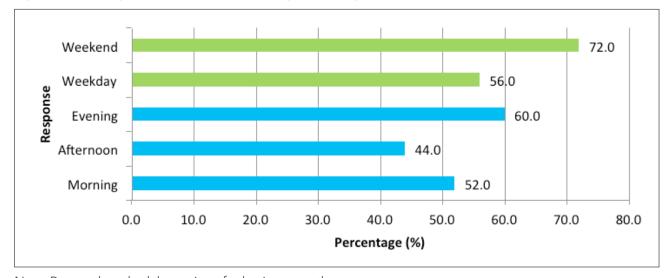
Figure 4. Number of Hours Per Month Needed For Kitchen Use (n=26)



### 6. Anticipated Use of the Kitchen

Potential users of the kitchen indicated that they would prefer to use the kitchen on the weekend (72.0%) versus on a weekday (56.0%). Sixty percent of users indicated that they would like to use the kitchen during the evenings compared to other parts of the day (morning at 52.0% and afternoon at 44.0%).

Figure 5. Percentage of Potential Users Indicating When They Would Like to Use the Kitchen (n=26)







# 7. Hourly Rate Users Are Willing to Pay To Use the Kitchen and Equipment

Of the 23 potential users who responded to this question, a majority (56.5%) indicated that they would be willing to pay between \$10 to \$15 an hour to use the kitchen, followed by 21.7% of potential users stating they would be willing to pay more than \$20 an hour (Figure 6).

Other Responses

Greater than \$20
\$16 to \$20
\$10 to \$15
Less than \$10

0 10 20 30 40 50 60

Percentage (%)

Figure 6. Percentage of Potential Users Indicating Their Hourly Rate to Use the Kitchen (n=23).

# 8. Barriers & Challenges in Starting a Local Food Processing Business

Of the 24 potential users who responded to this question, 75.0% stated that access to equipment is the primary barrier in starting or continuing a local food processing business (Figure 7). Respondents also indicated that regulatory issues (66.7%) and accessing processing facilities (62.5%) were other top barriers when it came to starting or continuing a local food processing business.

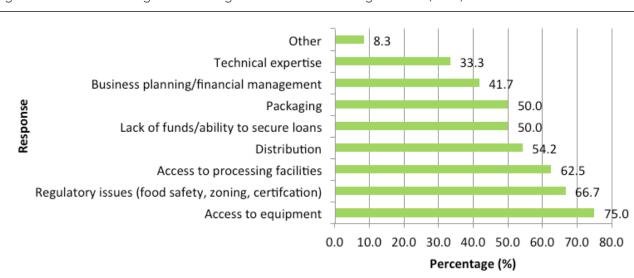


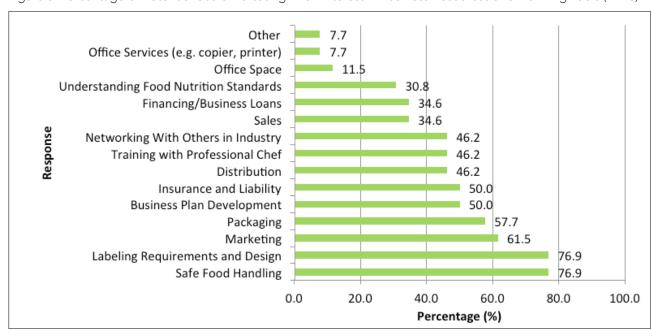
Figure 7. Barriers in Starting or Continuing a Local Food Processing Business (n=24)



### 9. Business Resources and Planning Tools Interest for Potential Users

The top two resources users were interested in were safe food handling education (76.9%), and labelling requirements and design (76.9%; Figure 8). Potential users were also interested in marketing (61.5%) and packaging (57.7%) as other business resources and planning tools to successfully carry out their business.

Figure 8. Percentage of Potential Users Indicating Their Interest in Business Resources and Planning Tools (n=26)



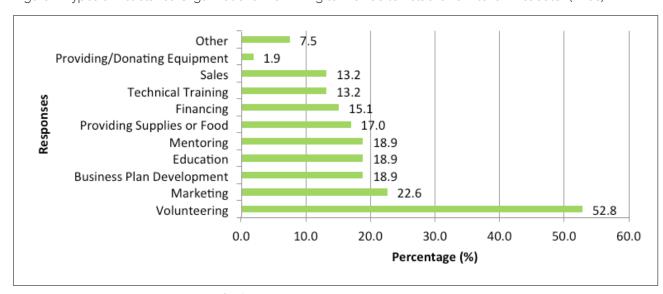
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Note: Respondents had the option of selecting more than one response.

## 10. Types of Assistance Organizations Are Willing to Provide to Establish a Kitchen Incubator

Of the fifty-three supporters of the kitchen incubator project that responded to this question, 53.8% stated that they would help with volunteering in order to establish a kitchen incubator (Figure 9). Supporters also indicated that they would assist with marketing (22.6%), help develop a business plan (18.9%), provide education (18.9%), and mentoring (18.9%).

Figure 9. Types of Assistance Organizations Are Willing to Provide to Establish a Kitchen Incubator (n=53)

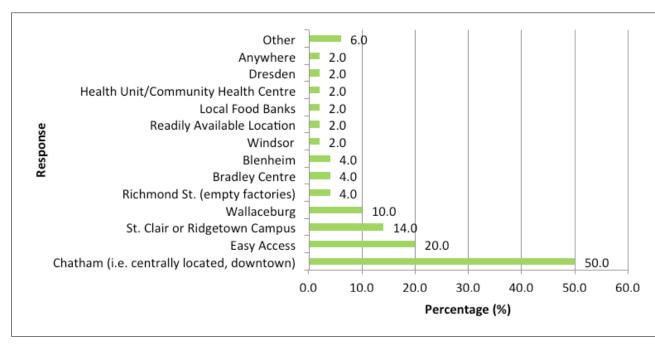




## 11. Suggested Location of Kitchen Incubator in Chatham-Kent

Of the 50 respondents to this question, 50% stated that Chatham should be the location of the kitchen incubator as it is centrally located, closest to the majority of residents, and is close to downtown (Figure 10). Other suggested locations included facilities that were easily accessible (20.0%) and at the St. Clair or Ridgetown Campus (14.0%). Ten percent of respondents stated that they would like the kitchen incubator to be located in Wallaceburg.





### 12. Appendix

### A QUICK SURVEY TO ASSESS INTEREST IN THE CHATHAM-KENT CULINARY/KITCHEN INCUBATOR PROJECT

Chatham-Kent Agri-Development (CKAD) Committee is conducting a brief survey to help identify development needs and measure local interest in establishing a culinary/kitchen incubator. All survey responses are confidential; results will be reported in total only, not individually.

#### What is a culinary/kitchen incubator?

A kitchen/culinary incubator is designed to support early stage catering, retail or wholesale food businesses. By covering the capital cost of shared kitchen facilities which are lent to new businesses, the kitchen incubator enables the business to develop to the stage where it can invest in its own facilities. It may also assist with business planning, mentoring, and other business facilities (see en.wikipedia.org/wiki/Kitchen\_incubator).

Please complete on-line at **wegrowfortheworld.com**, or email or fax completed form to:

#### KRISTA GLADSTONE, CKAD, c/o AG BUSINESS CENTRE

120 Main Street East, Ridgetown, ON NOP 2C0

Email: kgladsto@uoguelph.ca Phone: 519-674-1500, ext. 63597

Fax: 519-674-1512

Value Added (Farm) Producer	Restaurant
Catering	Food Truck Vendor
Street Cart Vendor	Baker
Specialty/Gourmet Food Producer	Government
Non-profit Organization	Church or Civic Group
Interested In Becoming a New Food Entrepreneu	r
Other (describe)	

3.	What type of food categories are you preparing now, or would you like to prepare in
	the future? (CHECK ALL THAT APPLY)

		Preparing Now	Interested in Preparing in the Future
	Bakery Goods		
	Jams/Jellies/Syrups		
	Salsa/Sauces/Condiments		
	Canned Foods		
	Value Added Produce		
	Pasta		
	Dry Mixes		
	Catered Goods		
	Sidewalk Food Vendor		
	Food Truck Vendor		
	Juices, or other beverages		
	Beer/Wine		
	Meat/cheese		
	Organic products		
	Honey/Maple Syrup		
	Other		
4.	What type of equipment do/wi	Il you need for food	d service production?
	(CHECK ALL THAT APPLY)		
	☐ Standard Oven		
	☐ Convection Oven		
	<ul><li>Standard Range/Cook top</li><li>Commercial Mixer</li></ul>		
	- 0 0		
	☐ Commercial Fryer		
	☐ Steam Jacketed Kettle		
	☐ Oil press		
	☐ Food Processor		
	☐ Meat Slicer		
	☐ Dehydrator		
	☐ Forced Air Oven		
	☐ Filling and Packaging Equip	oment	
	□ Dry Storage		
	☐ Walk In Cooler/Refrigerator	r storage	
	☐ Freezer storage		
	☐ Dishwasher		
	☐ Stainless Steel Tables		
	☐ Juicer		
	□ Other		

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5.	. How many hours per month do you anticipate you would use the kitchen?				
		Less than 10 11 - 20 21 - 30 30 - 50 More than 50			
6.		□ Afternoon			
		Weekday Weekend			
7.		hat hourly rate would you be willing to pay per hour	' to	use the kitchen and the equipment?	
8.	What do you see as barriers or challenges to starting or continuing food local processing businesses? (CHECK ALL THAT APPLY)				
	<ul> <li>Access to processing facilities</li> <li>Access to equipment</li> <li>Regulatory issues (food safety, zoning, certification)</li> <li>Lack of funds/ability to secure loans</li> <li>Technical expertise</li> <li>Business planning/financial management</li> <li>Packaging</li> <li>Distribution</li> <li>Other</li> </ul>				
9.		ould any of the following business resource HECK ALL THAT APPLY)	es c	or planning tools be of interest to you?	
		Business Plan Development Marketing Safe Food Handling Understanding Food Nutrition Standards Labeling Requirements and Design Packaging Sales Office Space		Office Services (e.g. copier, printer, answering service) Distribution Financing/Business Loans Insurance and Liability Training with Professional Chef Networking with others in industry Other	

### Please go to Q 11.

Would you/your company or organization be interested in helping to establish a kitchen incubator by assisting with or providing any of the following services? (CHECK ALL THAT APPLY)				
ation				

### THANK YOU!

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