



Chatham-Kent Food Policy Council
Minutes
Wednesday, May 1st – 5:30-7:30pm
Chatham-Kent Public Health Unit, 435 Grand Ave W, 3rd Floor cafeteria

In attendance: Lyndsay Davidson (coordinator), Ron Carnahan (Chair), Audrey Ansell, Ramy Boujawdeh, Helen Heath, Stephanie Watkinson, Dina Edwards, Tracey Landry-Jardine, Mike Buis, Kate Owen, Mary Alice Searles, Eric Fitzgerald, Derwyn Armstrong, Rachel Christianson, Hazel Moore, Kurtis Allaer, John Jacques, Elaine Lewis, Marsha Coyne, Carolyn Barko, Dr. Colby, Nicole Dupuis, Marjorie Crew


Regrets: Todd Lozon, Penny Daniels, Rick Kucera, Matt Dupuis, Anne Gilbert

	Discussion	Action Item
I. Welcome and Introductions	Ron Carnahan, Chair of the council welcomes members to first meetings, ask for roundtable introductions and asks members to discuss their interest in this group. Lyndsay welcomes everyone and introduces herself as the staff support and coordinator to the Food Policy Council.	Kurtis asked about a membership list or group email. Lyndsay Davidson mentioned she has a list and will be attached to minutes
II. Current Activities related to CKFPC	Nicole Dupuis overview of Food Policy Council and relationship to Healthy Communities Partnership and CK Leaders Cabinet. Nicole mentioned that the process towards the Food Policy Council began with the Let's Talk Food Research project in the Spring of 2012. Both the research and the council were partially funded through the Healthy Communities Partnership which receives funding through the Ministry of Health and Long Term Care to tackle policy related to healthy eating and physical activity. A need for a group to work on and address advocacy and policy related to food was needed to take on some of the directions resulting from the Let's Talk Food Research. The CKFPC is a sub-committee to the	

	<p>Board of Health, using a similar model to Toronto Public Health. Nicole mentions that there has been considerable research on Food Policy Councils and indicates that those FPC's that are affiliated with government organizations tend to be more successful than purely grass roots groups. Funding priorities for HCP are policy related to the promotion of local food, healthy procurement policies, policies that improve support for community gardens, policies that limited access to sugar sweetened beverage in municipal sites and promote local tap water as a healthy alternative.</p> <p>Nicole mentions that the CK Leaders Cabinet has identified food as one of their priority areas and is interested in both working with and supporting the Food Policy Council in its work moving forward.</p>	
<p>III. Adoption of Terms of Reference</p>	<p>Ron Carnahan begins discussion of the draft terms of reference. Lyndsay goes through membership list and mentions the current terms of reference are based on those from other FPCs. Changes to the membership list can be made if needed and periphery members can be added as well. Council currently has several peripheral members such as waste and education. These members will be kept up to date on communication of the council, receive minutes and will join the larger committee when needed. Question is asked if we have all members needed and Lyndsay notes that are currently some vacancies.</p> <p>Request from Ron to accept the Terms of Reference. Mary Alice makes a motion and Eric seconds for the adoption of the terms of reference. Meetings will be 5 times/year with work groups that may meet more frequently.</p> <p>Lyndsay mentions that we are looking for a co-chair for the council and asks for volunteers.</p> <p>Carolyn Barko volunteers for the position of co-chair. Vote goes out, all in favor of Carolyn Barko—so named co-chair</p> <p>Position of Vice-chair (will serve for min. one year and fill co-chair position when co-chair leaves): Helen Heath volunteers for vice-chair. Discussion about vice-chair position, clarification needed. Ron asks if anyone is opposed to Helen becoming Vice-Chair, none opposed. All in favor, Helen Heath named vice-chair.</p>	<p>Attach TOR here</p> <p>Lyndsay to connect with the two health care representatives to indicate approval by membership.</p>

	<p>Lyndsay mentions that two names have come forward to fill the position of health care sector representative. Nicole notes there is only one opening. One name is a representative from FHT and the other is from the Hospital. Discussion occurs around the fact that one represents the public sector and the other the private. Issue raised that perhaps we should focus on the one with the most connection to the community. Noted that in future we should ask for a profile of those wishing to become members. Nicole mentions that the group could request profiles from both candidates and make the decision at the June meeting. A request is made to amend the membership list to include two members from health care, one representing health care private and the other public. Motion made by Elaine Lewis and seconded by Eric Fitzgerald. Ron asks if the council refers to vote on future members through show of hands or by ballot. Everyone agrees that show of hands is acceptable.</p>	
<p>IV. Meeting Schedule for 2013/2014</p>	<p>Ron asks if evenings are better for everyone or are mornings a better fit. All in favor of evening meetings. Discussion around day of the week. Marsha notes Monday is not a good choice. Discussion that Friday also not a good option. Lyndsay notes it is best to choose same day of week same time of month so easy to remember. First Wednesday of the month proposed—not good for some b/c of other commitments. 2nd Wednesday proposed. All in favor of 2nd Wednesday. Starting September meetings will be held the second Wednesday.</p> <p>June meeting proposed to get council on track before September. All in favor of June meeting. June meeting will be held on June 19th from 5:30 to 7:30. Carolyn Barko offers St. Andrews as meeting site. Offer accepted and next meeting will be at St. Andrews.</p>	<p>Lyndsay-Meeting invites to go out for the CKFPC meetings to be held in 2013 and 2014 Meetings to be held second Wednesday. 2013 meetings: May, June, September, November 2014 meetings: January, March, May, September, November)</p> <p>Send meeting invite for June 19th meeting at St. Andrews.</p>
<p>V. Review Community Priority and Action Plans from Forum</p>	<p>Lyndsay reviews policy options that community had voted on at the Healthy Communities Forum. Lyndsay mentions that there is a lot of information in the document and that the council will need to select where they would like to start. Lyndsay notes that some of the items on the sheet are already moving forward at a provincial level or groups at the local level are working on this such as the transportation committee and the Healthy Kids Panel. Lyndsay notes that province is considering incentives for bringing grocery stores to food deserts, other options to</p>	<p>Healthy Kids Panel Report</p>

	<p>consider are increase capacity for food entrepreneur such as a community kitchen or mobile fruit and vegetable truck.</p> <p>Discussion occurs about bringing local food to grocery stores—what is possible, what is not. Dina Edwards discussing limitations of grocery stores from corporations. John Jacques notes that Eastern Canada is ahead on bringing local to the grocery stores. Further discussion about the concept of local. Is it Canada? Ontario? CK? Discussion around: changing people’s perceptions of what is healthy (notion of fresh as healthy even though frozen is just as good), reading labels impt., getting people to spend more for local.</p> <p>Lyndsay summarizes that most of the discussion is about Education and access and availability—perhaps place to start as a council.</p> <p>Buy Local, Buy Fresh launch mentioned. Lyndsay notes that the new map is to be released shortly.</p>	
<p>VI. Priority Setting for FPC</p>	<p>Ron discusses that some we will have short term goals and long term goals as a committee. Next Steps—Review documents before the next meeting, review Let’s Talk Food data, come to the table with priority areas that they feel the council should start with. A framework will be created from this.</p> <p>Lyndsay discusses that major theme in the research was lack of central (online) source of information for Food (ie. gardens, food banks, classes, grocery tours etc). Lyndsay shows the Food Policy Council website. It will serve to describe the CKFPC, will allow for the posting of meetings and minutes as well as documents. We can add links to other sites and resources. FPC website will also host Garden page, student nutrition program, etc and will have an events calendar listing all things happening related to food. Site will be live Friday May 3rd. Communication strategy to follow.</p>	<p>Lyndsay/Nicole: make travel arrangements and register participants.</p> <p>www.let’sstalkfood-ck.com</p> <p>Any member wishing to aid in a workgroup to develop and implement the communication strategy for the website and social media to email Lyndsay Davidson: Lyndsay.davidson@chatham-kent.ca</p>
<p>VII. Training Opportunity</p>	<p>Lyndsay mentions the email that was sent out regarding training on Food Policy in Toronto. The training is being hosted by Nutrition Resource Centre. Training is from 10am to 4pm and will be a day trip. Lunch and dinner will be provided as well as transportation. Ask for interested members. Training is June 27th. Carolyn, Stephanie, Dina, Hazel, Tracey, Matt, Kate, Margery and Helen are all interested in attending.</p>	<p>Stephanie notes that next week is National Hunger Awareness week. Food Bank stores are very low and in desperate need of donations.</p> <p>Attach poster here.</p>

VIII. Adjournment	Dr. Colby moves to adjourn meeting. All in favor Next Meeting at St. Andrews, June 19 th from 5:30pm to 7:30pm	Attach documents for review here and  March 20 Forum LTF.pptx
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