

HOT MEALS AND SOUP KITCHENS

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| SUNDAY | Victoria Avenue United Church – Hosted at St. Andrews United Church 85 William Street. Chatham 519-354-7540 - Served at 4:00 pm, 4 th Sunday of Month (closed in December, closed in July and August) | | | |
| MONDAY | Christ Church 80 Wellington St. W. – Chatham 519-352-1640 - 11 am – 12:30 pm <i>Closed on all Stat holiday Monday's, (closed in July and August, closed Dec. 29th)</i> | Knox Presbyterian (Soup Cellar) 251 Duncan Street Wallaceburg 519-627-4367 11:30 am – 1:00 pm | | |
| TUESDAY | Praise Fellowship - 166 Park Ave. E. Chatham 519-351-0066 11 am – 12:30 pm Closed Dec. 23 to Dec. 30 th | Bethel Pentecostal Church - 35 McNaughton Ave, Wallaceburg 519-627-6413 4 th Tuesday of month 5:00 pm – 7:00 pm Closed July & August | | |
| WEDNESDAY | Thamesville United Church Hall (At the table) 107 Elizabeth St, Thamesville 5:00 pm – 7:00 pm Last Wed of the month | Interfaith Caring Kitchen – St Ursula Parish Hall 205 Tweedsmuir Ave. Chatham 519-352-8530 1 st and 3 rd Wednesday of month 4:30 pm – 5:30 pm | Word of Life Church - 22 Talbot St. W. Blenheim 519-676-8036 10:30 am – 12:30 pm (closed first week in July) Free meals Easter Sunday, thanksgiving Monday, Wednesday December 17 th & Christmas Day breakfast (10:00 AM – Noon) Closed Dec 24 & Dec 31) | |
| | Campbell AME - 104 King St. E. Chatham 519-358-1219 11 am- 1:00 pm | Victoria Ave United Church – Soup to Go Hosted at St. Andrews United Church 85 William Street Chatham 519-354-7540 – 9:00 am – 11:00 am | Dresden Trinity Christian Centre – 547 North St., Dresden 519-683-4196 2 nd & 4 th wed of month from 11:30 am – 12:30 pm. | |
| THURSDAY | St. Agnes Church - 52 Croydon St. Chatham 519-352-9483 11 – 12:30 pm <i>Closed Jul/ Aug, Closed Christmas & New Years Day</i> | | Erie St. United Church - 7 Erie St. N. Ridgetown 519-674-3453 11:30 am – 12:30 pm (closed in July/August, closed Christmas & New Years Day) | |
| FRIDAY | Word of Life Church 22 Talbot St. W. Blenheim 519-676-8036 10:30 am – 12:30 pm <i>Closed 1st week in July Closed Dec. 26 & Jan.2</i> | St. Joseph – St. Ursula Conference-Spirit & Life Centre St. Joseph Parish Hall 184 Wellington St. W. Chatham 10:30 am – 12:30 pm 519-352-0009 Closed in July, Dec 19 - 26 th | Trinity United Church 750 Wellington St. Wallaceburg 519-627-1472 5:30 pm – 6:30 pm Fourth Friday of month <i>Closed July, Aug. & Dec.</i> | <i>St. James Anglican 719 James St. Wallaceburg 519-627-1302 – 5:00 pm – 6:30 pm First Friday of month Closed July and August</i> |
| SATURDAY | First Presbyterian Church 60 Fifth St. Chatham 519-352-2313 9:30 am – 11:00 am | | First Baptist Church 99 Thomas Ave. Wallaceburg 519-627-6414 Served at 5:00 pm 3 rd Saturday of the month – Closed July | |

FEE FOR SERVICE MEALS *Hot meals delivered to healthy seniors, convalescing patients, shut-ins and others. Diabetic diets accommodated*

CHAP (Community Home Support Assisting People) 519-354-6221 x 236 Monday – Thursday 9:00 am – 5:00 pm
2nd & 4th Wed. of month. Call for full menu. Frozen meals delivered to your home. Special diets accommodated.

Meals on Wheels – Chatham/Tilbury/Blenheim/Ridgetown 519-351-6325 Mon.-Wed.- Fri. 8:30 am – 4:30 pm

Meals on Wheels – Wallaceburg 519-845-1353 (toll free 1-800-265-0203) Please call for details.

Meals on Wheels – Dresden 519-683-4462 or 519-683-4892 Tues. and Thurs. delivery

Meals on Wheels – Wheatley 519-326-0527 Delivery 7 days/week 8:30 am -4:30 pm

This document is updated every year in May and November. For the most up to date information go to the CK Food Policy Council Website at www.letstalkfood-ck.com and look under food programs

FOOD BANKS

Photo I.D. and proof of income/bills are required at all Food Banks

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| MONDAY | Salvation Army-Chatham 9:00 am – 4:00 pm (closed 12-1) 519-354-1430 | | Outreach for Hunger - Chatham 11:00 am– 3:00 pm 519-351-8381 Office Hours are 8:00 am – 4:00 pm | | | Tilbury Information & H.E.L.P. Centre 8:30 am – 4:30 pm 519-682-2268 Appt. required | |
| TUESDAY | Salvation Army Chatham 9:00 am – 4:00 pm 519-354-1430 | Salvation Army Wallaceburg 9:00 am – 4:00 pm (closed 12-1) 519-627-8257 | Salvation Army Ridgetown 10:00 am – 4:00 pm 519-674-3765 Services Bothwell | Outreach for Hunger Chatham (drop in) 9:00 am – 12:00 pm Dependant on product availability Office Hours 8 am – 4 pm | Wheatley Baptist Church 9:30 am –11:30 am 519-825-7433 | Tilbury Information & H.E.L.P. Centre 8:30 am – 4:30 pm 519-682-2268 Appt. required | Dresden Community Church 10:00 am –12:00 pm 519-683-6541 Appt required |
| WEDNESDAY | Salvation Army - Chatham 9:00 am – 4:00 pm (closed 12 – 1) 519-354-1430 | | Outreach for Hunger Chatham 11:00 am – 3:00 pm 519-351-8381 Office Hours 8-4 pm | Tilbury Information & H.E.L.P. Centre 8:30 am – 4:30 pm 519-682-2268 Appt. required | Salvation Army @ Blenheim Baptist Church 1:00 pm – 4:00 pm 519-676-3886 519-674-3765 | Salvation Army Ridgetown 10:00am–12:00pm 519-674-3765 Services Bothwell | Salvation Army Wallaceburg 9:00 am – 4:00 pm (closed 12-1) 519-627-8257 |
| THURSDAY | Salvation Army Chatham 9:00 am–4:00 pm (closed 12 – 1) 519-354-1430 | Mom’s Baby Cupboard St. James Anglican Church Wallaceburg Every 2 nd & 4 th Thurs. 10:00 am – 12:00 pm (diapers, baby food etc.) 519-627-1302 | Salvation Army Ridgetown 10:00 am –12:00 pm 519-674-3765 Services Bothwell W’Burg 9 am – 4:00 pm (closed 12-1) - 627-8257 | Outreach for Hunger Chatham (drop in) 9:00 am – 12:00 pm Dependant on Product available Office Hours 8-4 pm | Salvation Army Blenheim Baptist Church 1:00 p m–4:00 pm 519-676-3886 519-674-3765 | Tilbury Information & H.E.L.P. Centre 8:30 am– 4:30 pm 519-682-2268 Appt. required | Dresden Community Church 10:00 am – 12:00 pm 519-683-6541 Appt required |
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FOOD VOUCHERS

Victoria Avenue United Church 519-354-7540 – Limited number avail.
 Vouchers available Wednesday 9:00 am – 11:00 am only. Pick up at St. Andrews United Church
 St. Andrews United Church 519-352-0010 - Closed July & August – vouchers available two Tuesdays per Month as posted. Contact church for dates.
 Evangel Community Church 519-352-4220 - Vouchers available Thursdays - Appointment required
***Call Church first to determine parish boundaries**
 *Blessed Sacrament 519-352-9483 Thursdays 1:30 pm – 3:30 pm
 *St. Agnes 519-352-9483 Wednesdays 1:30 pm – 2:30 pm
 *St. Joseph, St. Ursula, Conference 519-352-0009, available at 184 Wellington St. W. every Tuesday & Friday 12:30 – 2:00 pm. (closed Dec 26 to Dec 30)

Fruit & Vegetable Harvested Depot – Loads of Love 127 Colbourne Street 9:00 am – 4:00 pm Tues – Fri.
519-352-0911

OTHER PROGRAMS

Building Healthy Babies 519-352-7270 x 2422
 Education for pregnant women & coupons
 Student Nutrition Program 519-352-7270 x 2444

EMERGENCY SHELTERS

Salvation Army 519-354-1430
 Women’s Centre 519-354-6360 Provides emergency shelter & 24hr crisis/help lines
 CK Homeless Response Line 519-354-6628

FINANCIAL & EMERGENCY ASSISTANCE

Ontario Works / Social Housing 519-351-8573
 Mon. – Fri. 8:30 am – 4:30 pm