

MENU PLANNING APPS

Few meal planning apps listed below. They include a grocery list generated by recipe ingredients in meal plan. Consider trying other ones as well.

Grocery Gadget (4.5/5 stars)

\$2.99

Features:

- Grocery list generator based on recipes' ingredients
- Barcode scanner



E Meals: Meal Planning and Grocery List (3.6/5 stars)

\$3-10/month – Emeals.com

Features:

- Generates the meal plan, grocery list and coupons for you



Big Oven (4.4/5 stars)

FREE – BigOven.com

Features:

- Enter 3 leftovers, and it will generate meal ideas
- Types recipes from scanned photos, phone pictures, or from the website address
- Nutrition tools and analysis
- Recipes adjustable and scalable to portions needed



My Food – Grocery Planner (3.9/5 stars)

FREE

Features:

- Barcode scanner
- Macronutrient analysis



Food Planner (4.4/5 stars)

FREE

Features:

- Syncs with Google Calendar
- Adds photos to recipes

