



**Chatham-Kent Food Policy Council**  
**Minutes**  
**Wednesday November 12, 2014 – 5:30-7:30pm**  
**United Way of Chatham-Kent, Training Room**

In attendance: Lyndsay Davidson (staff support), Ron Carnahan (Chair), Helen Heath, Stephanie Watkinson, Derwyn Armstrong (co-chair), Hazel Moore, Elaine Lewis, Hayley Smith, Eric Fitzgerald, Dina Edwards, Brittany Watson, Rick Bradley, Coraine Wray, Sarah Daniels, Dr. David Colby.

Regrets: Ron Carnahan (Chair), Todd Lozon, Penny Daniels, Rick Kucera, Audrey Ansell, James Snyder, Lynnly Hoskins (admin support), Marsha Coyne, Paul Spense, , Kurtis Allaer, Judy Sokolowski, Paul Warriner, Julie Zaylor, Tracey Landry-Jardine, Carina Rodgers, Matt Dupuis, Mike Buis

	Discussion	Action Item
1.0 Welcome	Ron welcomed everyone and introductions were done	
2.0 Approval of Agenda	Agenda was approved by Elaine and seconded by Hazel Two additions were made to the agenda 6.2 Meeting dates for 2015 6.3 Vacant spots on CKFPC	
3.0 Approval of Minutes from September 10 <sup>th</sup> , 2014	Minutes from September 10, 2014 were approved by Stephanie and seconded by Brittany	
4.0 Working Group Updates	Priorities for 2015 were discussed	
4.1 Food Access and Availability	Access/Availability <ul style="list-style-type: none"> <li>• The group met and determined that the main focus for 2015 will be to organization a gleaning program for CK. Initial ideas are being developed and will begin to be worked on.</li> </ul>	
4.2 Food Skills	Food Skills – Sarah Daniels has agreed to chair this workgroup. She gave an update on the meeting in October.	

<p>4.3 Community Food Centre</p> <p>4.4 Sustainable Seafood-</p>	<p>4.2.1 CK Branding – there was one new addition to the program – it continues to grow and hopefully more will be added over time. The display is almost done.</p> <p>4.2.2 Farm to Institution Program – as mentioned in September, the daycare program is now on hold until things are more settled with the changes to the facilities. The school program is up to 16 schools and will be starting back up again in January. We continue to work with Riverview Gardens through the Sustain Ontario grant to see if we can increase the local purchases being done there.</p> <p>4.2.3 Edible Gardening – looking at gardens on lawns and boulevards, currently there are by-laws in place that limit this so need to see if there is a way to work within this. Also the literature review/best practice will be done by the end of January and at that point we will be able to begin meeting with partners to see what we can do to move this forward in CK</p> <p>4.2.4 Composting – the workshops were successful last year. Starting to plan for 2015 and considering partnering with the schools to provide training opportunities and also to ensure that when workshops are done that they are recorded and shared with the community.</p> <p>Community Food Centres</p> <ul style="list-style-type: none"> <li>• The report is nearing completion. We are looking into hosting an event at the beginning of February to bring together all the partners and participants to release the results and look at next steps. More information will follow as it becomes available.</li> </ul> <p>Sustainable Seafood</p> <ul style="list-style-type: none"> <li>• First meeting will be booked for Monday December 1<sup>st</sup> from 5-7 pm at the health unit in Room 302. Current members are Dr. Colby, Eric, Rick and Tracey.</li> </ul>	
<p>5.0 Old Business</p> <p>5.1 Update on Training</p> <p>5.2 Procurement Research &amp; Programming</p>	<p>There was a webinar on Food Waste last week. The recording is available and Lyndsay will share this with everyone. The focus was “garbage” but also included discussions on gleaning.</p> <p>Nothing new to update at this time – we are still drafting the surveys which we hope to go out in the new year. There have been a lot of surveys being done lately and we didn’t want it to get lost in the rush. We will have our results from the general community</p>	<p>Action: Lyndsay to send recording and information via email.</p>

<p>5.3 CKAD – Kitchen Incubator Survey</p>	<p>RRFSS module in the spring so there isn't a rush.</p> <p>The Kitchen Incubator survey is now complete and was sent to everyone earlier this week. It will be presented at the Board of Health in November and the CKAD group is now working on next steps.</p> <p>Suggestion was made to send the survey to neighbouring communities to see if we can pull people into CK to participate in the program.</p> <p>Suggestion was made that the Health Unit Kitchen is still open (no caterer currently operating) and maybe this could be a site for a test project?</p>	<p>Action: Lyndsay to bring suggestion to CKAD to send the results to neighbouring communities.</p> <p>Action: Lyndsay to f/u with Marg Keetch to see what is happening with the kitchen.</p>
<p>5.4 Healthy Kids Community Challenge</p>	<p>The Municipality of Chatham-Kent has been awarded one of the Healthy Kids Community Grants. There will be a posting for a coordinator position coming shortly and will be hosted at the health unit. The direction for the focus areas has come from the Ministry (Physical Activity, Healthy Eating and Sleep) and they will be providing the messaging while our community will focus on the activities.</p> <p>Question about if there is any money in the proposal for the purchase of beds? Lyndsay indicated that she didn't think there was but wasn't sure and would find out. Maybe this if it isn't part of the proposal then it is something that we could look into doing as a group to support the program.</p> <p>Question about the requirements of the posting – Lyndsay indicated that the posting hasn't gone up yet but that we have been told it will be posted as a health educator. This will require that the person have a university degree in health (ie degree in health promotion) or a health related field. More information will be available when the posting goes up.</p>	<p>Action: Lyndsay to find out more about the activities proposed and share with the group.</p> <p>Action: Lyndsay to share the posting when it is available.</p>
<p>5.5 Healthy Communities Funding Update</p>	<p>We have been told that we will be getting the funding shortly. As there have been delays some of the activities have been adjusted (ie smaller scale than was originally planned) so some additional activities are being proposed in their place. We should know shortly if these will be accepted and we can begin to work on them</p>	
<p>5.6 Let's Talk Food – Community Food System Assessment</p>	<p>Waiting on this report which should be coming shortly. The consultants have had more information and requested an extension on the time to be able to complete a more detailed report.</p>	

<p>5.7 Hungry for Action Community/council advocacy Event</p>	<p>There was a change in the plans for this event. The survey was sent out to all municipal and mayoral candidates but was withdrawn due to concerns that it was coming out through a municipal department (CKFPC is a committee under the Board of Health which is part of the municipality). The candidate nights that were scheduled in each of the 6 wards were reduced to only one event in Chatham due to lack of numbers from the general community. The event in Chatham was a success with a number of both mayoral and municipal candidates attending. The feedback was that candidates enjoyed having an event that was not a debate but an opportunity to learn about SDOH issues and how council can be impacted.</p> <p>There was a request to offer this again to all council once they are in place again. Ron indicated that there may be an opportunity to present to council. We will look into it and once we have more information we will share that with everyone.</p>	
<p>6.0 New Business 6.1 Nutritious Food Basket Release</p> <p>6.2 Meeting Dates for 2015</p> <p>6.3 Vacant Spots on Council</p>	<p>This is the annual food costing that is required to be done by the health unit each year. The amount this year was \$184.11 per week for a family of four. Lyndsay provided some additional information on how this is determined and shared with the community. Question as to where the largest increase was and if it was from certain foods or just overall increases on all the foods</p> <p>Dina indicated that in SW Ontario the grocery stores have higher buying power at about 12% more than anywhere else – this is from an AC Neilson report</p> <p>Discussion was held to determine the meeting dates for 2015. We meet in January, March, May, September and November. The decision was made to continue to have the meetings on the second Wednesday of the month. Lyndsay will confirm the location.</p> <p>At this time we still have some vacant spots on the council. We are still looking for an institutional purchaser as well as we will need to determine our second Board of Health rep and our rep from municipal council. Lyndsay will connect with Judy to determine the process to get our council rep and the request will go to the BOH for the additional rep from there.</p>	<p>Action: Lyndsay will share the costing food list and review the food items to see if there was a trend for certain foods.</p> <p>Action: Dina to see if she can share this report</p> <p>Action: Lyndsay to confirm the location of the meeting</p> <p>Action: Lyndsay to connect to determine new reps.</p>
<p>7.0 Update/sharing on happenings in CK</p>	<p><u>Helen</u>: tonight Paul Spense of Lomaximo Meats was nominated for the Ontario Tourism Leadership awards as well as the CK Table for the event of the year. Congratulations and we will let everyone know if they win.</p>	

	<p><u>Stephanie</u>: Its Christmas – during November they are taking registrations for toy/food hampers so please encourage clients or people that may need the support to register. Deadline is November 28<sup>th</sup> (Note that all dates for all hampers are available on the CKFPC website). They are also in need of toys particularly for the 0-2 years (learning toys), and 11-14 years (gift cards). They are hosting a Christmas Concert to kick off the season at the Capital Theatre with a free will offering on Saturday night.</p> <p><u>Elaine</u>: The Big Crunch was successful and delivered to over 14,000 students. End of January will be the start-up of the farm to school program with a total of 16 schools participating.</p> <p><u>Hayley</u>: Employment and Social Services have implemented a new provincial system which went live today. Hopefully everything will go smoothly but please let any clients know that this is why there may be issues as they adjust to the new system.</p> <p><u>Derwyn</u>: Community gardens – there will be one new one for 2015 otherwise all the rest of the work will be to expand or enhance the current gardens. The new garden will be a Westcourt in Wallaceburg which is a social housing and the garden is being driven by the residents.</p>	
8.0 Adjournment	Meeting was adjourned at 7:00 pm – motioned by Stephanie and seconded by Rick	

Next Meeting Dates:

Large Group Meeting: Wednesday January 14<sup>th</sup> at the United Way office, 425 McNaughton Ave West, 5:30-7:30 pm

Individual Committees

Food Skills – meetings will be the second Tuesday of the month from 5-7 pm at the Health Unit, 435 Grand Ave West

Food Access and Availability – meetings will be the third Tuesday of the month from 5-7 pm at the health unit.