



**Chatham-Kent Food Policy Council  
Minutes  
Wednesday November 4th, 2015 – 5:30-7:30pm  
Chatham-Kent Public Health Unit, Room 302**

In attendance: Lyndsay Davidson (staff support), Ron Carnahan (Chair), Stephanie Watkinson, Elaine Lewis, Rick Bradley, Coraine Wray, Teresa Bendo, Derwyn Armstrong (co-chair), Eric Fitzgerald, Dina Edwards, Carina Caryn

Regrets: Judy Sokolowski, Jamie McGrail, Carmen McGregor, Helen Heath, Julie Zaylor, Paul Warriner, Mike Buis, Todd Lozon, Penny Daniels, Rick Kucera, Audrey Ansell, James Snyder, Lynnly Hoskins (admin support), Marsha Coyne, Dr. David Colby, Noreen Blake, Jamie McGrail, Mallory Nowakowski, Kaitlyn Morrison, Hayley Smith, Daryl Vermey.

	<b>Discussion</b>	<b>Action Item</b>
1.0 Welcome & Introductions	Ron Welcomed everyone and introduced our guest	
2.0 Approval of Agenda		
3.0 Approval of Minutes from March May 13 <sup>th</sup> , 2015	Minutes were approved by Elaine and seconded by Derwyn	
4.0 Working Group Updates 4.1 Food Access and Availability 4.1.1 Gleaning Program	Did some gleaning of squash at Ridgetown College and took to Salvation Army, Outreach for Hunger, Victoria Ave United church, AME Church, Tilbury Help Centre and Ontario Works. Suggestion was made to scout the location first to determine the list of items that might be needed to do the task (ie with this one, we needed something to cut the vines with). We received a call from Truly Green Greenhouses that they had excess tomatoes, however it was determined that we needed to set up the food skills portion to “process” them into another form (ie freezing). Discussion about not taking more produce than we could handle. Also need to do more awareness and use this to help promote.	

<p>4.2 Food Skills</p> <p>4.2.1 CK Branding</p> <p>4.2.2 Composting</p> <p>4.2.3 Food Skills Network</p> <p>4.3 Community Food Initiative</p> <p>4.4 Sustainable Seafood</p>	<p>Nothing new to report</p> <p>The May session was recorded and will be made into a video for the spring.</p> <p>Did a priority setting exercise at the last meeting. We have information on what groups are doing and we need know what participants need – will work with agencies to do a needs assessment to find out. Can use agencies to help get information about with word of mouth. Will do an inventory of what is needed, where, who, when, etc. group will work to coordinate, provide training, offer networking and provide resources.</p> <p>Group has been meeting with local agencies such as Habitat for Humanity and Hospice to learn about their processes for getting started. They are planning visits to Leamington (SW Gleaners, Access Nutrition) on November 12<sup>th</sup>, Windsor (Plentiful Harvest, Downtown Windsor Mission) on November 23<sup>rd</sup> and Stratford (The Local) on November 25<sup>th</sup>. These will allow the group to get a firsthand understanding of what other groups are doing and how these could work in CK.</p> <p>Eric showed some resources/flyers from a store in CK, more stores are starting to push selling Sustainable Seafood. Discussion that many stores in CK have started promoting the sustainable seafood. It's encouraging and the prices don't seem to be impacted.</p>	<p>Action: Lyndsay to set a new date for the next meeting.</p>
<p>5.0 Old Business</p> <p>5.1 Update on Training</p> <p>5.2 Procurement Research &amp; Programming</p> <p>5.3 CKAD – Kitchen Incubator Survey</p> <p>5.4 Healthy Kids Community Challenge</p>	<p>No new training available at this time. As things become available, Lyndsay will send them out to the group.</p> <p>No update, project is on hold for the time being.</p> <p>No update – for future this will be combined with the CFI update on the agenda as they are being worked on together.</p> <p>Carina provided an update. Brennen DeDecker has been hired as the new coordinator and the first theme has been announced focusing on Physical Activity “Run, Jump, Play Everyday”. November 16<sup>th</sup> is the next community meeting and they will be doing asset</p>	

<p>5.5 Update on Membership vacancy</p>	<p>mapping, gap analysis that day. They are establishing a steering committee with structure at the meeting and will be requesting information on Healthy Eating for the Asset Mapping through Lyndsay. Healthy Eating theme will not be until sometime in 2016.</p> <p>Lyndsay shared some feedback from Audrey Ansell on how Resident Attraction and Retention may be able to assist</p> <ol style="list-style-type: none"> <li>1. Tourism: CK’s Tourism Destination management plan has just been completed. Agri-culinary tourism is not current a focus area for CK (however it will be by year 3). The tourism stakeholders council could provide some input regarding who might be interested to participate on the Food Policy Council. We could also draft a call out to the tourism database that they could distribute.</li> <li>2. Diversity on the FPC: CK’s Local Immigration Partnership (part of RAR) could solicit newcomer input and potentially put a call out for a newcomer voice to sit on the FCP. If diversity includes young people, they could assist with a call out/promotion through the back to Chatham-Kent initiative to see if any young people were interested in becoming involved.</li> </ol> <p>Dina also shared that she has connected with Andrew Evans from Evans Wholesale (a distributor in CK) as someone who would be interested. Lyndsay will follow-up with him. Discussion around restaurants. It is a challenging group to get as our evening meetings are often when they would be busy in the restaurant. Discussion that we should reconsider this as a member or as an advisor.</p>	<p>Action: Lyndsay to follow-up with Andrew Evans to see if he is interested in being on the council.</p> <p>Lyndsay to bring the membership list to our January meeting for discussion as part of the strategic planning process.</p>
<p>5.6 Gleaning and Edible Landscape Literature Review</p>	<p>The Literature review is complete so this can be removed from the agenda going forward. For the edible landscaping portion, it was felt that that this time we don’t have the capacity to take on another large project such as starting an edible landscape group but that we should connect with Sophie from the Chatham Horticultural Society as this might be something they can lead and we can play a periphery supportive role.</p>	<p>Action: Lyndsay to follow-up with Sophie.</p>
<p>5.7 Mission Statement Review/ Strategic Planning Date</p>	<p>After discussion, it was agreed that our meeting in January will focus on the completion of the strategic plan. All members are encouraged to be at this meeting to provide input.</p>	
<p>5.8 Food Strategy</p>	<p>The report has gone to the board to update and we will be moving forward with a</p>	

<p>5.9 Development of Training Package</p> <p>5.10 Human Library Project</p> <p>5.11 Election Messaging</p>	<p>strategy and not a master plan. At this time we are hoping to apply for some grants to help with the costs and Lyndsay will update more as this process becomes clearer. Lyndsay is attending the Trillium sessions to see if these will be a fit.</p> <p>Lyndsay has completed this and sent it out for everyone to review. If you have any feedback please let Lyndsay know and she will make additions or changes.</p> <p>The CK Human Library project happened on Saturday October 24<sup>th</sup> and was a partnership between the CKFPC, the library, Prosperity Roundtable, Local Integration Partnership, CKAD and the Workforce Planning Board. The turn-out was really good and Teresa was one of the “books” that people were able to check out. She shared some of her experience. If anyone has any suggestions for speakers for next year, please let Lyndsay know as this is something that we are planning to do again next fall.</p> <p>The Election is over now but thanks to everyone for helping to get the “Vote to End Poverty” campaign out in the community. Once we have more information from Kate DeForno, Lyndsay will share it with the group.</p>	
<p>6.0 New Business</p> <p>6.1 Scheduling for 2016 Meeting Dates</p> <p>6.2 Food Charter Request</p>	<p>Based on the feedback from those in attendance and those that were able to response to Lyndsay’s request, the decision was made to keep the meeting dates the same. Dates will be as follows and Lyndsay will send out the calendar invites</p> <p>Wednesday January 13<sup>th</sup> (note that this will be focused on Strategic Planning)</p> <p>Wednesday March 9<sup>th</sup></p> <p>Wednesday May 11<sup>th</sup></p> <p>Wednesday September 14<sup>th</sup></p> <p>Wednesday November 9<sup>th</sup></p> <p>We have received a request from the Board of Health to review information on an endorsement from the Grey Bruce Health Unit of the Bruce Grey Food Charter. Ron spoke to the discussion at the Board meeting and how the opportunity to share between the health units work. Lyndsay gave a summary of the Food Charters, other communities that have them and what is involved in their development. At this time, the discussion was to not do a Food Charter but to focus on the Food Strategy.</p>	<p>Action: Lyndsay to send out calendar invites and book the United Way office.</p> <p>Action: Lyndsay to follow-up with the BOH regarding their request.</p>
<p>7.0 Update/sharing on happenings</p>	<p>Ron – Saw a PBS show talking about food that one day is healthy and the next isn’t.</p>	<p>Action: Lyndsay to find out</p>

in CK	<p>Discussion by the group that this creates opportunities for us, decreasing level of trust so people are trying to find that accurate information – we may be asked for this and we can be the inspiration to discover and look more into it. People want info to make an informed decision. Suggestion to investigate calendar (municipal) to add food info into it and include messaging with the pictures.</p> <p>Elaine – “Say Yes to Good Food” campaign with the Student Nutrition Program is happening. Lyndsay will post to FPC and Health Unit sites.</p> <p>Stephanie – Kicked off Christmas Campaign, Hamper Registration has started and packing starts the first week of December for ages 0-12 years – volunteers are needed for kettles.</p> <p>Dina – store in Saskatoon offered a basket of fruit in the store with a sign that indicated to help yourself/your kids while you are shopping. This was on facebook and they have started to do it in their store with good feedback so far.</p>	<p>about the municipal calendar and if there are opportunities for us to include information.</p> <p>Action: Lyndsay will post “Say Yes” Campaign information to our pages.</p> <p>Action: Lyndsay to share on social media through the health unit.</p>
8.0 Adjournment	Meeting was adjourned at 7:00 pm by Stephanie and Rick.	

Next Meeting Dates:

Large Group Meeting: **Wednesday November 4<sup>th</sup> at the Health Unit, 435 Grand Ave West, 5:30-7:30 pm** (note the location and date change!)

Individual Committees

Food Skills – meetings will be the second Tuesday of the month from 5-7 pm at the Health Unit, 435 Grand Ave West

Food Access and Availability – meetings will be the third Tuesday of the month from 5-7 pm at the health unit.