



Chatham-Kent Food Policy Council
Minutes
Wednesday January 11th, 2017 – 5:30-7:30pm
United Way of Chatham-Kent, 425 McNaughton Ave West

In attendance: Ron Carnahan (Chair), Stephanie Watkinson, Rick Bradley, Coraine Wray, Dr. David Colby, Carina Caryn, Lyndsay Davidson (staff Support), Derwyn Armstrong, Mike Buis, Helen Heath, Noreen Blake, Tracy Landry-Jardine, Kaitlyn Morrison, Kate do Forno, David Bakker, Andrew Evans, Melaney Austin.

Regrets: Rick Kucera, Audrey Ansell, James Snyder, Lynnly Hoskins (admin support), Marsha Coyne, Eric Fitzgerald, Daryl Vermeij, Judy Sokolowski, Carmen McGregor, Dina Edwards

	Discussion	Action Item
1.0 Welcome & Introductions	Ron Welcomed everyone	
2.0 Approval of Agenda	Add 6.5 – training opportunities. Approved by Rick and seconded by Stephanie.	
3.0 Approval of Minutes	From November 2016. Approved by Noreen and seconded by Derwyn.	
4.0 Working Group – updates	One of the requirements of all members is that they sit on one of the working groups as these are the groups that are doing the majority of the work for the FPC. If you have not indicated which group you would like to sit on, please let Lyndsay know.	ACTION: Everyone to let Lyndsay know which group they would like to be on (if they haven't already done so).
4.1 Food Access and Availability	No update from the group as their first meeting will be next week to begin planning for the 2017 gleaning season. Carina indicated that she is still working on the information for anyone under 18 to volunteer with the gleaning. We know that under 18 years of age will be able to volunteer, it is just finalizing the details of what is needed to allow them to do it.	
4.2 Food Skills	Have developed an action plan for the launch of the Food Skills Network website. The	

	website will be launched in March to coincide with Nutrition Month.	
4.3 Community Food Initiative	Our consultants continue to work on this project. They have completed the key informant interviews and have presented us with some key questions going forward. The community partners meeting was cancelled as they weren't ready yet to meet with the larger group.	
4.4 Sustainable Seafood	Letters have been sent to the chains of the grocery stores. No update.	
5.0 CKFPC Strategic Plan	Lyndsay has reviewed the key areas of the strategic plan and pulled the areas that we need to address first based on the timelines we created.	
5.1 Create and Implement a Marketing Campaign	Lyndsay gave a description of what was put into the strategic plan and asked if there was anyone interested in being involved in this group. Rick, Kaitlyn and Kate all indicated they were interested.	ACTION: Lyndsay to send out a doodle poll and set up a meeting time.
5.2 Work with retailers to develop food strategies that support healthier food choices.	<p>There were two areas under this that need to be addressed:</p> <ul style="list-style-type: none"> • Social media campaign for the sustainable seafood messaging • Connect with grocery stores to promote incorporating free healthy snacks for kids in stores. <p>Discussion was had to wait until we hear back from the grocery store head offices to determine our next steps. Lyndsay will update on who we hear back from at the next meeting.</p> <p>Discussion about the healthy snack in grocery stores – it was mentioned that many (more than not at this time) of the stores are now offering fresh fruit as a snack when people walk into the stores. It was questioned whether this would be worthwhile to continue to push when it is already in place. It was suggested that this be moved to the workgroup as they develop social media to promote through social media as encouragement for the ones that have it and for those that don't to start offering it.</p>	
5.3 Provide education and awareness about healthy food opportunities	The focus of this was on developing training and workshop recommendations. It was suggested that we support the development (either in partnership with other community groups or alone) of a series of workshops starting with garden planting and working up to preserving workshops.	ACTION: Lyndsay to connect with other community groups to see if they would be interested in being a part of this.
6.0 Old Business		
6.1 Super Kids CK	The current theme "Water Does Wonders" is well underway. The third theme has been announced and is "Choose to boost Fruit and Vegetables" focusing on consumption of fruits and vegetables. There may be opportunities for us to partner with or be involved	

	with activities that will be coming up. Lyndsay will keep the group updated as these start to happen.	
6.2 Update on Membership Vacancies	Current vacancies in the following areas: Economic Development/tourism (1), health care/NGO (1) and agriculture (1). Lyndsay is still trying to recruit as we can find people that might fit these positions. If you know of anyone who would be interested, please pass their name on and Lyndsay can connect with them directly.	
6.3 CK Food Strategy	This is on hold at this time. Once we have a full complement of nutrition staff we will start to work on this again.	
6.4 Terms of Reference	The final draft still needs to be approved. A motion for approval of the TOR was put forward by Derwyn and seconded by Helen. No comments. TOR are approved.	
6.5 Training Opportunities	There is an upcoming webinar (tomorrow from noon -1) on Helping Kids to Eat more Veggies and Fruit – this is being put on by the Nutrition Resource Centre to support the upcoming theme for the Healthy Kids Community Challenge. Feel free to join us in Room 301A if you are interested. For those not able to make it, Lyndsay will email any resources after.	ACTION: Lyndsay to email any resources after the webinar for those not able to make it.
7.0 New Business		
7.1 CKFPC Website and AODA Compliance	Lyndsay has contacted the IT department at the Municipality for support. They have reviewed the site and sent back a summary. Lyndsay will work with them to figure it out and determine what changes need to be made to our site.	
8.0 Update/sharing on happenings in Chatham-Kent	<p>Stephanie – on February 7th they will be hosting Toque Tuesday with the support of Raising the Roof Canada to fundraise to support homelessness. 50% of funds they raise will come back to Chatham-Kent. Hats can be sold until the end of March and they will also have hats, socks, gloves and baseball caps for sale at the Raleigh Street location in Chatham.</p> <p>Kate – Prosperity Roundtable – there will be a couple of workshops coming up in the next few months. Lyndsay will share these when they are available</p> <p>Helen - CK Non-Profit Network will have a conference coming up on April 27th at the Bradley Centre – they will have Suzanne Gibson coming to speak on “The Edge of Change”. There is also a workshop coming up focusing on PTSD in first responders. United Way is getting ready to close out the 2016 campaign and will be significantly lower than the campaign goal for the year. Healthy Communities Coalition will be hosting their meeting in Chatham-Kent this year and the focus will be on transportation</p>	

	<p>issues. Helen will provide more information including the date as it becomes available.</p> <p>Kaitlyn – There is a “Live Well Event” happening this Saturday hosted by the Maycourt Club of Chatham-Kent</p> <p>Dr.Colby – The Age Friendly committee is off the ground and one of the main issues they will be working on is getting washrooms downtown. This is an opportunity for us to piggyback to get water fountains installed.</p> <p>Derwyn – There is a curing event coming up called “Toques and Mittens” that will be a curling event to support the Shriners hospital in Montreal.</p> <p>Lyndsay – CK Leaders Cabinet has released their “Year in Review” and CKFPC is featured in it. Lyndsay will share with everyone.</p>	
9.0 Adjournment	Motion to adjourn by Stephanie and seconded by Kaitlyn at 6:25 pm.	

Next Meeting Dates:

Large Group Meeting: **Wednesday March 8th at the United Way Office, 425 McNaughton Ave West, 5:30-7:30 pm**

Individual Committees

Food Skills – meetings will be the second Tuesday of the month from 5-7 pm at the Health Unit, 435 Grand Ave West

Food Access and Availability – meetings will be the third Tuesday of the month from 5-7 pm at the health unit.