



CK Food Policy Council

Minutes

Wednesday May 10th 2017 - 5:30-7:30 pm

In attendance: Derwyn Armstrong, Stephanie Watkinson, Rick Bradley, Dr. David Colby, Carina Caryn, Lyndsay Davidson (staff Support), Noreen Blake, Tracy Landry-Jardine, David Bakker, Allan Davies.

Regrets: Rick Kucera, Audrey Ansell, James Snyder, Lynnlly Hoskins (admin support), Marsha Coyne, Eric Fitzgerald, Daryl Vermey, Judy Sokolowski, Carmen McGregor, , Ron Carnahan (Chair), Andrew Evans, Maggie Thomas, Mike Buis, Kaitlyn Morrison, Coraine Wray, Dina Edwards,

- 1.0 Welcome and Introductions of New Members – Derwyn welcomed everyone.
- 2.0 Approval of Agenda – Motioned for approval by Stephanie and seconded by Rick.
- 3.0 Approval of Minutes from March 2017 – motion for approval by Allan and seconded by Rick.
- 4.0 Working Groups
 - 4.1 Food Access and Availability – Gleaning – letters to producers and processors are going out this week, two training dates have been set up for the volunteers – May 11th from 1-3 and May 24th from 10-noon. Feel free to share this with anyone who might be interested. If there is a larger group (10 or more people), Lyndsay is willing to go out and do an individual training with them.
 - 4.2 Food skills – launch went well with many radio and print media picking the story up. We have been busy going out to the libraries to showcase the site, taste test some recipes and offer resources. We are planning a canning workshop in either June doing a jam workshop or August focusing on Tomatoes. More details will be sent when available.
 - 4.3 Community Food Initiative – this is now on hold. We have decided to switch gears and work on the Food Strategy as there has been challenges to getting support for this initiative. The hope is that once we have a food strategy, we will be able to have this as one of the key initiatives.
 - 4.4 Sustainable Seafood – no update. Lyndsay hasn't had a chance to start to draft the plan. We have an intern coming in the fall and this would be a great project for her to work on. Dr. Colby provided an update that he had received correspondence and connected with them to find out why they hadn't been using the Marine Stewardship Certification (MSC) – he discovered that the cost to participate in the program was too high to be useful (the cost to use the logo was too high and would have impacted the costs to the consumers) and they are participating in another group with similar mission. This group is the International Seafood Sustainability Foundation - <http://iss-foundation.org/who-we-are/about/>
ACTION: Lyndsay to share this information with everyone (see above link).
 - 4.5 Marketing Committee – no update. Lyndsay will connect with anyone who is interested in being a part of this to get this started over the next few months.
- 5.0 CKFPC Strategic Plan – some of the initiatives in the Super Kids will directly support the work we have been planning. There will be opportunities for us to get directly involved in these projects. Lyndsay will send out more information about what support is needed as it becomes clear.

6.0 Old Business

- 6.1 Super Kids CK – approved and upcoming projects include: Farm to Daycare Project, Pilot project in our arenas to revamp the canteens, daycare nutritional guideline updating and implementation, school salad bar pilot and a Booster Grant focused on increasing fruit and vegetable consumption.
- 6.2 Membership Recruitment – vacancies Health Care/NGO – now have two open as Helen Heath has left, Food Charity – currently have one as Kate doForno has left, ED/Tourism, Youth/Immigration, Agriculture. Lyndsay has some ideas for who to contact and will continue to work on this. If you have any suggestions, please connect with her.
- 6.3 CK Food Strategy – meeting will be held on Tuesday May 30th at the Capital Theatre from 9-noon. You will receive an email and an invitation to this event, if you haven't already.
- 6.4 Training opportunities – There are webinars on food security available through PROOF – one on May 18th on “How does food insecurity relate to health and what are the implications for health care providers?”, previous ones available on the website include: “Who is vulnerable to household food insecurity and what does this mean for policy and practice?” and “food security statistics and what they mean” (Lyndsay will share the link) and the Nutrition Resource Centre on topics such as food literacy in indigenous populations, climate change, ultra-processed foods and dietary recommendations. Lyndsay will send out invites for anyone who is interested in watching together, or feel free to register and watch them on your own.

7.0 New Business

- 7.1 Locally Driven Collaborative Project – Food Literacy – this is a project that Lyndsay has been involved with for the last few years. They have been focused on determining the key attributes that define food literacy and Lyndsay was able to share these with everyone. The next step to the project is to ensure that public health and community partners have access to this information and from there they will be developing an evaluation tool that can be used in programs. Dr. Colby shared that there is also work being done around Physical Literacy focusing on ensuring that children develop the necessary physical skills to allow them to participate fully in whatever activity, job or sport they want.

8.0 Update/sharing on happenings in Chatham-Kent

- Lyndsay shared that the Provincial Government is doing consultations to start the creation of a Food Security Strategy for Ontario. Engagement concludes on May 31st so anyone who is interested may provide input. Lyndsay is attending a regional consultation in London on May 29th. If you are interested please go to this link <https://news.ontario.ca/prs/en/2017/04/ontario-seeking-public-input-on-a-food-security-strategy.html>
- Stephanie – Food Banks Canada is launching their yearly “Every Plate Full” Campaign running from May 23 to June 9th. This is a National campaign and is the largest Food Drive to help restock shelves before the summer. The Salvation Army will be doing events during this time. Steph will share posters. Last year they did a “Buy a Plate” program and purchased meat (beef and chicken) to be used in the food bank – they will do this again this year.
- Allan – SNP – There is a new program starting up “Hot Meals” in one of the local high schools, they have students who live on their own and have severe food access issues. They have created a drop in program where students will prepare and take home a meal. About 20-25 students are participating currently.
- Derwyn – there is a new garden going in at Campbell Park in Chatham. There have been some new immigrants coming on to garden at different locations. Limited space is available for new gardens but there is space in Wallaceburg at the Salvation Army site.
- David – the horticulture society has workshops coming up – check their Facebook page for more details. Membership cost is \$10.00

9.0 Adjournment – motioned by Rick at 6:15 pm.

Next Meeting Dates:

Individual Committee Meetings:

Food Skills – 2nd Tuesday of the month – 5-7 pm – Health Unit, Room 302

Food Access and Availability – 3rd Tuesday of the month - 5-7 pm – Health Unit, 435 Grand Ave West, Room 302

Large Group Meeting: Wednesday, September 13th, 2017 - 5:30-7:30 pm, United Way Office.