



CK Food Policy Council

Minutes

Wednesday September 13th 2017

In attendance: Karen Holland, Rick Bradley, Lyndsay Davidson (staff Support), Noreen Blake, David Bakker, Allan Davies, Ron Carnahan (Chair), Mike Buis, Coraine Wray, Dina Edwards, Amanda Goarley (intern)

Regrets: Rick Kucera, Audrey Ansell, James Snyder, Lynnlly Hoskins (admin support), Marsha Coyne, Judy Sokolowski, Carmen McGregor, Andrew Evans, Maggie Thomas, Kaitlyn Morrison, Derwyn Armstrong, Dr. David Colby, Tracy Landry-Jardine, Chris Sherman

- 1.0 Welcome and Introductions of New Members – Ron welcomed everyone. We have Karen Holland replacing Stephanie Watkinson with the Salvation Army and a student with us tonight.
- 2.0 Approval of Agenda – Motioned for approval by Rick and seconded by Mike.
- 3.0 Approval of Minutes from May 2017 – motion for approval by Rick and seconded by Allan.
- 4.0 Working Groups
 - 4.1 Food Access and Availability – Gleaning – it has been slow to start this year but began building more momentum after we were part of agriculture day during the 12 days of Positivity. Captain Positive and Optiwoman came out to do a glean with us on Tuesday and we had great media coverage as well as more interest in the program.
 - 4.2 Food skills – We are going to start planning for the Super Kids CK Booster grant recipients. We will be offering a 1 day training for them on how to teach children to cook and key skills for them to focus on. The training will be on Saturday October 14th at the Wish Centre and we have received funding from Super Kids to do this program.
 - 4.3 Sustainable Seafood – no update.
 - 4.4 Marketing Committee – no update. So far we have Kaitlyn interested in being on this committee. We need more support for this short term committee. Please let Lyndsay know if you are interested.
- 5.0 CKFPC Strategic Plan – The key initiatives for the Super Kids CK that fit our plan are: 1. Super Snackables – Arena canteen changes; 2. Farm to Daycare; 3. Club V&F Salad Bar program.
- 6.0 Old Business
 - 6.1 Super Kids CK – There is a lot happening in the next few months with Super Kids CK. Here is a summary of the upcoming projects:
 - Super Snackables – pilot program in three arenas (Blenheim, Tilbury, Thames Campus) making changes in the canteens introducing more fruits and vegetables to the locations, survey in 6 arenas (with an online version also going out) getting feedback on what is wanted in the canteens. The survey is out but the launch will occur in November.

- Club V&F Salad Bar – salad bar grants have gone out and are due back September 25th. 10-12 students will be trained in the 10 organizations selected to provide a up to 3 salad bars for those locations.
- Farm to Daycare – similar to the farm to school model that we are using in our student nutrition program. It will be piloted in three daycares across Chatham-Kent.
- Childcare Guidelines – the health unit staff have worked with a provincial group to create childcare nutrition guidelines to support the Ministry’s childcare documents. These will provide clear guidelines for nutrition in their centre and will be provided to each childcare facility along with training to support their cooks.
- Booster Grants – Booster grant recipients have been selected and there are a variety of groups that were selected from schools to community groups. Our food skills workgroup has been asked to do a workshop for the groups to train them how to teach various food skills to children. This event will take place on Saturday October 14th at the Wish Centre.
- Yum Its Story Time – A program done in partnership with the Library and a registered dietitian from various community agencies. This program is geared towards 3-6 years and is offered in all the libraries across CK with the librarian doing stories specific to eating and the dietitian offering a healthy snack prepared by the kids.

6.2 Membership Recruitment – We have had a few more people decide to end their time with the FPC for various reasons. We now have a variety of openings and will need to do a large recruitment this fall. Please share this out with your community groups to help recruit and if you have anyone that you can think of that would be interested, please let Lyndsay know.

6.3 CK Food Strategy - We have met with Trillium to get the process started and are have asked community groups who are interested in being the lead for the application to put in their response to a series of questions that were sent out. We will be meeting on Monday night to review those applications and are looking for 2-3 people from the FPC to sit on this committee to help determine the lead agency. The time would be from 3-6 on Monday night at the health unit. Rick, Noreen, Ron and David all agreed to help. **ACTION: Lyndsay to send out an invite and material to review for the members joining on Monday.**

6.4 Training opportunities - nothing at this time.

7.0 New Business

7.1 Date change for the November Meeting – Lyndsay is away for this meeting at meetings and a conference in Toronto that week and has asked that we reschedule the meeting date. Based on the availability of those at the meeting, it was decided that the date will be changed to Wednesday November 15th from 5:30-7:30 pm.

8.0 Update/sharing on happenings in Chatham-Kent

- David – the Chatham Horticulture society is looking for some help with the BME park cleanup on Wednesday September 20th at 6:00 pm. Please bring shovels and gloves.

9.0 Adjournment – motioned by David and Seconded by Coraine at 6:00 pm.

Next Meeting Dates:

Individual Committee Meetings:

Food Skills – 2nd Tuesday of the month – 5-7 pm – Health Unit, Room 302

Food Access and Availability – 3rd Tuesday of the month - 5-7 pm – Health Unit, 435 Grand Ave West, Room 302

Large Group Meeting: Wednesday, November 15th, 2017 - 5:30-7:30 pm, United Way Office.