



## CK Food Policy Council

### Minutes

Wednesday September 12th 2018

**In attendance:** Derwyn Armstrong (co-chair), Dina Edwards, Rick Bradley, Coraine Wray, Lyndsay Davidson, David Bakker, Dr. Colby, Noreen Blake, Karen Holland, Anthony Jas, Erica Bennett (dietetic intern)

**Regrets:** Rick Kucera, Audrey Ansell, James Snyder, Lynnlly Hoskins (admin support), Carmen McGregor, Andrew Evans, Tracy Landry-Jardine, Mike Buis, Allan Davies, Ron Carnahan (Chair), Phillip Mock

- 1.0 Welcome and Introductions of New Members – Derwyn welcomed everyone. We have Anthony Jas joining us from the Planning Department of the Municipality, replacing Marsha Coyne who has retired.
- 2.0 Approval of Agenda – Motioned for approval by Dina and seconded by David.
- 3.0 Approval of Minutes from May 2018 – motion for approval by Dina and seconded by David.
- 4.0 Working Groups
  - 4.1 Food Access and Availability – Gleaning – Training went well and we have had a number of our new gleaners out to assist with harvesting. The meeting with the KFA went well and they provided some really good feedback and offered their support to encourage the local producers to get involved. We had a late start last year but have been busy with gleans this season. We have had quite a few new agencies come onboard to receive the produce this year including Children’s Services and EarlyOn. We are also looking at how we can get it to some of the local daycares. We met with Tiffany from Food Banks Canada back in the spring as they are looking to work with local producers to collect (pick up) excess produce that can be taken back up to Kitchener where they are building a processing centre that would be able to freeze the produce. We are working to see if we can arrange gleans where we pick a lot of the extra produce, they would pick it up, process it and bring it back to CK or use it other communities as well. Lyndsay will update more on this as it progresses.
  - 4.2 Food skills – No major updates. The group has been finishing up visiting all the senior centres and is looking to book a date with the senior advisory committee to come back and validate their findings for next steps.
- 5.0 CKFPC Strategic Plan – Lyndsay reviewed the current plan which goes until the end of this year. We have made a lot of progress with what we had set out to do. The one big outstanding item is related to the Marketing plan for the FPC. The health unit has hired a new communications and outreach coordinator and Lyndsay is hoping to bring him in to provide some direction. Dina also suggested connecting with Mark from St. Clair College to see if it could be a project for the marketing students. ACTION: Lyndsay to connect with Rob about the Marketing Plan and see if it is possible to include Mark/students as well.
- 6.0 Old Business

6.1 Super Kids CK – The funding for this will be finished at the end of September. Annie, our coordinator will stay on until the end of this year to wrap up projects and look at sustainability of the program going forward. She has done a fantastic job of bringing the community together and moving forward in creating a healthier Chatham-Kent.

- Fuel Up! – Pilot program occurred in three arenas (Blenheim, Tilbury, Dresden) and will continue for one more year as a pilot with these locations. Further evaluation will be completed with the support of the Evaluation and Planning Specialist from the health unit which will help to inform future planning and possible expansion of the program.
- Club V&F Salad Bar – An evaluation was done with the salad bar program. Results have been presented to the Super Kids Steering Committee and the Children and Youth Services Group. We are working to expand the program to more elementary schools starting in November 2018. If there is interest, Annie can provide the presentation on the evaluation. Additionally, Jennelle has been working with the Lambton Kent Composite School in Dresden on a grant (that they received) to offer a salad bar in the high school. The cafeteria was removed from the school starting in September of this year. ACTION: Lyndsay to invite Annie to present on the results of this evaluation.
- Farm to Childcare – the health unit will be implementing the project for a second year expanding on the program from the Super Kids project. There will be 17 licensed childcare centres across CK who will be participating which represents 100% of all eligible full day licensed childcare centres. The program start date is October 15<sup>th</sup> and will run for 8 weeks. A training session for staff will be October 11<sup>th</sup> and incorporate healthy eating messaging and will have Kim Cooper as a guest speaker.

6.2 Membership Recruitment – No update.

6.3 CK Food Strategy – Jennelle provided an update – they are looking at the best approach to start the development of an overarching strategy. There are several initiatives that are happening across the Municipality to support the elements of a food strategy. There is a resource that has been developed by CK's Healthy Built Environment that has created a toolkit that includes food strategy development and supports to develop food strategies in communities. Several staff from the Chronic Disease and Well Being Team attended a workshop on this.

6.4 Training opportunities – BC's Healthy Built Environment Webinar (that Jennelle referred to) is available online as a recording for anyone that is interested in learning more about it. The link is : [http://www.bccdc.ca/pop-public-health/Documents/HBE\\_linkages\\_toolkit\\_2018.pdf](http://www.bccdc.ca/pop-public-health/Documents/HBE_linkages_toolkit_2018.pdf) and provides tools and resources that can be used to support food strategy development and learning how to support the food environment. It has been recorded you are able to review at any time. If you are interested in viewing the recording, you can find it here:

Part 1 – <https://www.youtube.com/watch?v=xhjTrzdDPmo>

Part 2 - <https://www.youtube.com/watch?v=eu4f47Xypqw>

Part 3 - <https://www.youtube.com/watch?v=ACNM9z5fdHc>

Part 4 - <https://www.youtube.com/watch?v=ACNM9z5fdHc>

Part 5- <https://www.youtube.com/watch?v=y9uftS93IQ4>

Part 6 - <https://www.youtube.com/watch?v=IV0Lh176v0c>

6.5 Food Waste – Lyndsay received an update from Rick Kucera regarding the Food and Organic Waste Framework ([https://files.ontario.ca/food\\_and\\_organic\\_waste\\_framework.pdf](https://files.ontario.ca/food_and_organic_waste_framework.pdf)) that was discussed at our last meeting. With the changes to the government, there will be a need for the new provincial government to re-approve the framework and at this time everything is on hold. There has been no new information from the new Ministry (Ministry of Environment, Conservation and Parks) regarding what will change including timelines so for now everything is on hold. It is felt that the Conservatives are listening to concerns that were expressed by rural Ontario communities before they decide how they will proceed. Lyndsay shared that there are things happening in Chatham-Kent such as the Rocket composter that was purchased by the Ursuline Sisters for use with their motherhouse. This is a high end composter that allows material to be composted within 14 days and some of the compost is being used in our CK Community Gardens. If anyone is interested in seeing this, they can let Lyndsay know and she can make arrangements for a group or put them in contact with Lorne Little who is managing the project. Additionally the Food Rescue program

([www.FoodRescue.ca](http://www.FoodRescue.ca)) has been busy getting groups on board. There are several non-profit and businesses that have signed up to be a part of the rescue program. We will connect with Veronica Summerhill who coordinates the program provincially for an update on how many organizations are participating after they have had a few months to get going.

## 7.0 New Business

- 7.1 Food Handler Training Requirements – there are new requirements that have been released that will need to be met for all food service locations. They will require that there be one person on site for every hour that the business is open with an exception for churches, religious, service or fraternal organizations. Low risk food premises such as those that use pre-packaged food will also have less requirements on them. There will be a year to get into compliance and in the meantime, the health unit is providing a large number of free food handlers course. For more information on dates and times please check out the Health Unit website.
- 7.2 Basic Income Guarantee – Dr. Colby talked about the Basic Income Guarantee Pilot being cancelled by the current government along with the study that was being conducted to determine the impact it would have. The Board of Health passed a motion to support the reinstatement of the student (it was only in its first year of a 3 year program) with a letter. Discussion was had around the interest of the FPC to support this in the same way. Motion: That the CKFPC join with the Board of Health in supporting the continuation of the study. Seconded by Rick. Passed with unanimous support.

## 8.0 Update/sharing on happenings in Chatham-Kent

- Derwyn – the International Ploughing Match is coming up next week. Everyone is encouraged to attend and see this event. There was also the All-Candidate debate that was held last night at the Bradley Centre and put on by the United Way, CK Non Profit Network and the Prosperity Roundtable. The event will be available online from Cogeco starting September 28<sup>th</sup>.
- Coraine – Her cooking clubs will be starting again but will be adding another school. This year will be offered at Victor Lauriston and Queen Elizabeth
- Karen – Gleaning program has been very successful and the clients really appreciate the produce that has been provided.
- David – Horticulture Society is starting their meetings next month for the season. The self-watering planters across Chatham have been successful this summer.

## 9.0 Adjournment.

Next Meeting Dates:

Individual Committee Meetings:

Food Skills – 2<sup>nd</sup> Tuesday of the month – 5-7 pm – Health Unit, Room 302

Food Access and Availability – 3<sup>rd</sup> Tuesday of the month -3 – 5 pm – Health Unit, 435 Grand Ave West, Room 302

Large Group Meeting: Wednesday, September 12<sup>th</sup> - 5:30-7:30 pm, United Way Office.