



CK Food Policy Council

Minutes

Wednesday November 14th 2018

In attendance: Derwyn Armstrong (co-chair), Dina Edwards, Rick Bradley, Lyndsay Davidson, Karen Holland, Carmen McGregor, Mike Buis, Sheri Grey, Carmella (Carmen's granddaughter), Annie Lukacovics, Stanley Ing, Carina Caryn

Regrets: Rick Kucera, Audrey Ansell, James Snyder, Lynnlly Hoskins (admin support), Andrew Evans, Tracy Landry-Jardine, Allan Davies, Ron Carnahan (Chair), Phillip Mock, Anthony Jas, Dr. Colby, Noreen Blake, Coraine Wray, David Bakker

- 1.0 Welcome and Introductions of New Members – Derwyn welcomed everyone. We have Carmen's granddaughter Carmella joining us today as part of the Bring your Child to Work Day.
- 2.0 Approval of Agenda – Motioned for approval by Dina and seconded by Rick.
- 3.0 Approval of Minutes from September 2018 – motion for approval by Rick and seconded by Karen.
- 4.0 Working Groups
 - 4.1 Food Access and Availability – Gleaning – to date we have done 18 gleans this season with 13 different crops from 13 different farms. Of these, 5 were new farmers to the program this year. There was a discussion about the limitations of transportation with the program and a suggestion was made to see if anyone has access trailers in the community that could help with transportation. They are some community groups that may have these and would be a good way to increase transportation of produce. ACTION: Lyndsay will bring this to the workgroup to consider as part of their planning for 2019.
 - 4.2 Food skills- the group met with the Senior Advisory Committee and presented their findings from the visits to the centres. They proposed that they would work with any of the centres that were interested to develop and pilot a workshop that would be focused on make and take meals. This would include menus, recipes, grocery lists, food costing, equipment needs, and training for staff or volunteers from the participating centres so that they are able to run the program themselves. The group is waiting to hear back from the centres as to which ones would be interested in piloting the program.
- 5.0 CKFPC Strategic Plan – Discussion that since the Food Strategy is going to be a priority for 2019, that the updating of the strategic plan will be put on hold until that is completed. We will continue with the strategic plan as is for now and update when the food strategy is completed. If there is a change, we will reconsider doing the update at that time.
- 6.0 Old Business
 - 6.1 Super Kids CK Update

1. Fuel Up Arenas – Kaitlyn Morrison has taken over the planning for the evaluation of this program. We have been working with the three arenas to better organize the data collection needed for the evaluation and Kaitlyn has been developing a satisfaction survey for participants that will go out later this month.
 2. Farm to Childcare – They are in week 5 of the program implementation. A training focusing on childcare guidelines, resources and supports was held for child care staff on October 11th with a fantastic turnout.
 3. Club V & F Salad Bar - presentation by Annie Lukacovics on the Salad Bar Program. The program will be offered again to the 7 schools that participated last year and an additional 5 new schools for 2018/19 school year. Information has gone out to the schools to apply and training will be provided to the students again to help run the program in the school.
- 6.2 Membership Recruitment – no update. ACTION – remove for future agendas and will be updated as needed.
- 6.3 CK Food Strategy –** Jennelle Arnew was unable to attend. Carina gave an update on the food strategy and indicated that the health unit will be looking into working with an MPH student to assist with this as well. This will be a priority for 2019 and a working group will be struck to work on this project.
- 6.4 Training opportunities – There was a webinar on Exploring Opportunities in Group Food Purchasing discussing some of the work that is being done in Waterloo through Meal Source. Some of the supervisors from the arenas also listened in and we had a really good discussion about what group purchasing could look like in Chatham-Kent.
- 6.5 Food Waste – no update.
- 6.6 Marketing plan update - Lyndsay met with Rob, the new Community Outreach and Public Relations Officer for the health unit. He will be helping to draft a Marketing Plan for the FPC. Our goal is to have it done by early next year.
- 6.7 Basic Income Guarantee Letter – letter has been written and sent off.

7.0 New Business

- 7.1 Health Equity Data Analysis (HEDA) Project – Request for Participation – Stanley Ing an Epidemiologist from the Health Unit joined the meeting to discuss a project that is being started in the new year. He discussed what Health Equity is and shared background on the project (see attached power point). The HEDA has three parts – Community Health Assessment Process; Community Engagement Activity and Recommendations. They are looking for one person from the group to sit at the group and represent the Food Policy Council to start in January. ACTION: Let Lyndsay know if you are interested in helping with this.
- 7.2 2019 Meeting Dates – proposed are
- January 9th
 - March 13th (this is March Break – group decided to discuss at the January meeting)
 - May 8th
 - September 11th
 - November 13th

8.0 Update/sharing on happenings in Chatham-Kent

Lyndsay – NFB will be released to the Board of Health this month with an increase as expected. Dina mentioned that for grocery stores, there is a 14 month delay in the wage increases being reflected back to the customer in their pricing so this wasn't accounted for when the NFB was costed in May 2018. There was a discussion that increasing wages will actually lead to increased costs for pricing of items with business pricing. A better option might be to look at reducing taxes/proving tax cuts to the lowest tax bracket.

Derwyn – Shriners have funds available for programs that are kid based. If you have a group that could use funding, please contact him to see what is available. He will need a letter requesting funds.

Karen – Salvation Army – kettles are out – they are looking for people to help man them. Contact Karen to help out. Application for the Christmas Hampers are now out and available for anyone who needs them.

9.0 Adjournment at 7:10 pm.

Next Meeting Dates:

Individual Committee Meetings:

Food Skills – 2nd Tuesday of the month – 5-7 pm – Health Unit, Room 302

Food Access and Availability – 3rd Tuesday of the month -3 – 5 pm – Health Unit, 435 Grand Ave West, Room 302

Large Group Meeting: Wednesday, January 9th - 5:30-7:30 pm, United Way Office.