FOOD BANKS Photo I.D. and proof of income/bills are required at all Food Banks												
MONDAY	Salvation Army-Chatham 9:00 am – 4:00 pm (closed 12-1) 519.354.1430				Outreach for Hunger - Chatham 11:00 am– 3:00 pm 519.351.8381 Office Hours are 8:00 am – 4:00 pm					Tilbury Information & H.E.L.P. Centre 9:00 am – 3:30 pm (closed noon to 12:30) 519.682.2268 Appt. required		
TUESDAY	Salvation Army Chatham 9:00 am – 4:00 pm 519.354.1430	Wallaceburg 4:00 pm 9:00 am – 3:30 pm			Salvation Army Ridgetown 10:00 am – 4:00 pm 519.674.3765 Services Bothwell			Tilbury Information & H.E.L.P. Centre 9:00 am – 3:30 pm 519.682.2268 Appt. required Closed 12 -12:30			eatley Baptist rch am –11:30 am 825.7433	Dresden Community Church 10:00 am –12:00 pm 519.683.6541 Appt required
WEDNESDAY	Salvation Army - Chatham 9:00 am – 4:00 pm (closed 12 – 1) 519.354.1430		Hunger Chatham Cer 11:00 am – 3:00 pm 9:0 519.351.8381 519		bury Information & H.E.L. ntre 20 am – 3:30 pm 9.682.2268 pt. required closed 12 – 1			Salvation Army @ Blenheim Baptist Church 1:00 pm – 4:00 pm 519.676.3886 519.674.3765		Salvation Army Ridgetown 10:00am–12:00pm 519.674.3765 Services Bothwell		Salvation Army Wallaceburg 9:00 am – 3:30 pm (closed 12-1) 519.627.8257
THURSDAY	Salvation Army Chatham 9:00 am–4:00 pm (closed 12 – 1) 519.354.1430	Mom's Baby Cupboard St. James Anglican Church Wallaceburg & surrounding area Every 2 <sup>nd</sup> Thurs. 11:00 am – 1:00 pm (diapers, baby food etc.) 519.627.1302 services		Salvation Army Ridgetown 10:00 am -12:00 pm 519.674.3765 Services Bothwell  Salvation Army W'Burg 9:00 - 3:30 pm Closed 12-1 pm 519.627.8257		Outreach for Ho Chatham (drop 9:00 am – 12:00 Dependant on Product availab Office Hours 8-4		o in) Blenheim Baptist 0 pm Church 1:00 p m-4:00 pm ole 519.676.3886		Tilbury Information & H.E.L.P. Centre 9:00 am— 3:30 pm 519.682.2268 Appt. required Closed 12-12:30		Dresden Community Church 10:00 am – 12:00 pm 519.683.6541 Appt required
	Knox Presbyterian - Wallaceburg 10:30 am – 11:30am 519.627.4367											
FRIDAY	9:00 am – 4:00 pm Chatham (closed 12– 1) 11:00 am		Outreach for Hun Chatham 519.351 11:00 am – 3:00 p Office Hours 8-4 p	8381 m	Salvation Army Wallaceburg 9:00 am – 3:30 (closed 12-1) 5	laceburg		Tilbury Information & H.E.L.P. Centre 9:00 am – 3:30 pm 519.682.2268 Appt. required Closed 12 – 12:30			Salvation Army 10:00 am – 4:0 519.674.3765 Services Bothw	0 pm

current proof of residence & identity of everyone in family. Pantry/Vouchers Closed August 2 & August 30 *St. Michaels Parish Ridgetown – call for details 519.674.3343 (Ridgetown Area Only)	CK Homeless Response Line 519.354.6628 Hope Haven Men's Shelter 519.351.4010									
Praise Fellowship 166 Park Ave E. 2 <sup>nd</sup> Wednesday of Month 10 am-12pm Holy Trinity Anglican – every Tuesday 9:00 am – 10:30 am	FINANCIAL & EMERGENCY ASSISTANCE									
Fruit & Vegetable Harvested Depot – Loads of Love 127 Colbourne Street 9:00 am – 4:00 pm Tues – Fri., 519.352.0911 Free Little Pantry Locations in Chatham-Kent: Corner of Grand & Victoria Ave, Chatham, James Park Wallaceburg, Adelaide Street near Family Service Kent, Chatham.	Ontario Works / Social Housing 519.351.8573 Mon. – Fri. 8:30 am – 4:30 pm									
FEE FOR SERVICE MEALS Hot meals delivered to healthy seniors, convalescing patients, shut-ins and others. Diabetic did	ets accommodated									
Family Service Kent CHAP Frozen Meals: 519-354-6221 x236 Monday – Friday 9:00 am –5:00 pm Frozen meals delivered to your home. Orders due 1st & 3rd Wed. of month. Call for full menu. Special diets accommodated.										
Meals on Wheels – Chatham/Tilbury/Blenheim/Ridgetown/Thamesville/Merlin/Buxton 519-351-6325  MonWed Fri. 8:30 am – 4:30 pm										
Meals on Wheels – Wallaceburg 519-845-1353 (toll free 1-800-265-0203) Please call for details.										
Meals on Wheels – Dresden 519-359-7366 Tues. and Thurs. delivery										
Meals on Wheels – Wheatley 519-326-8962 Hot meals Monday to Friday, frozen meal option. Office hours 8:30	0 am to 4:30 pm									
This document is updated every year in May and November. For the most up to date information go to the CK Food Pollook under food programs	licy Council Website at www.letstalkfood-ck.com and									

Victoria Avenue United Church 519.354.7540 - Limited number avail. Vouchers available Wednesday 9:00 am - 10:30

\*St. Joseph, St. Ursula, Conference 519.352.0009, 184 Wellington St. W. every Friday 11:30 – 2:30 pm. Need to have

St. Andrews United Church 519.352.0010 - vouchers available the 3rd Tuesdays of the month 9:30 – 11:30 Evangel Community Church 519.352.4220 - Meal Vouchers available Thursdays - Appointment required

**OTHER PROGRAMS** 

**Building Healthy Babies** 

**EMERGENCY SHELTERS** 

Salvation Army

Education for pregnant women & coupons

Student Nutrition Program 519.352.7270 x 2444

Women's Centre 519.354.6360 Provides

emergency shelter & 24hr crisis/help lines

519.354.1430

519.352.7270 x 2422

**FOOD VOUCHERS/PANTRY** 

am only. Pick up at St. Andrews United Church.

\*Call Church first to determine parish boundaries

\*Blessed Sacrament 519.352.9483 Thursdays 1:30 pm - 3:00 pm

\*St. Agnes 519.352.9483 Wednesdays 1:30 pm - 2:30 pm