COVID-19: Guidelines for CK Community Gardens

The COVID-19 pandemic is evolving rapidly, and this guidance is subject to change at any time. Community gardens play an important role in our food system and will continue to provide spaces for residents to grow their own food. Until further notice, community gardens are not a recreational space or place for social gathering. Should guidelines change with respect to provincially mandated physical distancing guidelines, those guidelines will also apply.

The following guidelines must be adhered to at all times.

PHYSICAL DISTANCING

- Everyone in the garden must always maintain physical distancing of 6 feet or 2 meters unless with members of the same household.
- No guests are allowed in the garden at any time.
- No gatherings of garden members, except with your household group.
- Children should only be brought into the garden on an as-needed basis and should be instructed
 to follow the physical distancing and hygiene recommendations. Parents are to be responsible
 for their children at all times.
- There should be no more than 5 people in the garden at one time. If required, a schedule will be created.
- All shared seating areas that are not permanent will be removed. All gardeners are encouraged to bring their own lawn chair each visit, if there is a need for breaks while at the garden.

CLEANING AND DISINFECTION

Hand hygiene is an important means of preventing the spread of COVID-19.

- Wash hands with soap and water before and after handling common tools such as hoses or
 gates and before and after gardening. If there is not a sink available, bring alcohol based hand
 sanitizer and sanitize hands regularly. Gloves are not a substitute for washing hands.
- Gardeners are encouraged to bring and use their own tools, if able.
- All gardeners should bring and wear their own gloves. Wash hands with soap and water or use hand sanitizer after gloves are removed. Gloves should also be washed at home after every use.

RESPONSIBLITIES

- Gardens will be closed to the general public. Only garden members are to access the garden spaces for maintenance and planting.
- All gardeners must follow the guidelines from CK Public Health and DO NOT come to the garden
 if you:
 - Have symptoms of COVID-19
 - o Have had contact with a confirmed case of COVID-19 in the past 14 days or
 - Have been instructed by the local public health unit to self-isolate due to travel or contact history.





- Keep trips to the garden to a minimum and limit the time spent in the garden.
- Due to the seriousness of the circumstances, access to the garden will be revoked for any garden member that is not following the guidelines set out for garden safety. During this time, it is important that we all be as considerate and safe as possible.
- For gardeners with allocated plots who choose not to use their plots this year as a results of
 concerns with COVID-19 such as those who are elderly or have compromised immune systems,
 gardeners can choose to have their plot temporarily reallocated by the garden coordinator for
 the 2020 gardening season. The garden could also be used as a communal growing plot for the
 season and food can be shared with community groups or others who may need the food.
- Let your garden coordinator know if you need assistance in maintaining your garden plot.
- All regular community garden policies and procedures are to be followed.

CK PUBLIC HEALTH RESPONSIBILITIES

- Ensure proper signage is available and posted on access to gardens
- Enforce the guidelines with support from garden coordinators.

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Adapted from
COVID-19 Recommendations for Community Gardens, Sustain Ontario
COVID-19 Safe Operating Recommendations for Community Gardens, KFL&A Public Health



