

## **CK Food Policy Council Strategic Planning Meeting**

Thursday May 23<sup>rd</sup>, 2024; 830AM-1130AM; Chatham Public Library Meeting Room (120 Queen Street, Chatham

**Attendance:** Allison Heavens, Alexandra Colby, Carmen McGregor, Jennelle Arnew, Jennifer Crowell, Jim Brackett, Karen Green, Kim Howland, Nathen Dube, Sherri Gray, Melissa Thomas, Terrylyn Timmermans, Tasha Rugless

**Regrets:** Jacques Tetrault, Rosemarie Montgomery, Magdiel Hoste, Dana Boyd, Taylor Merritt, Sharmini Balakrishnan, Susan Fulmer, Erica Bennett, Mike Buis, Jess Snobelen, Derwyn Armstrong, Olena Manoilo, Renee Geniole Leah Azevedo Cabral, Kim Sonneveld, Nicole Shaw

**Recorder:** Terrylyn Timmermans

Agenda Item	Discussion	Lead
	Welcome and Land Acknowledgment Introduce Facilitators, Staff Support, Pre-planning Committee - Sharmini unable to co-facilitate with Melissa, Jennelle taking her place	Jennelle
lcebreaker	Food Policy Council Bingo	Nathen and Karen
-	Develop a plan for the CK Food Policy Council as a part of our work for the next 3 years	Melissa
Where we've been: Background and History	<ul><li>CK's Food System</li><li>Background</li><li>CK Food Strategy</li></ul>	Jennelle
Where are we now: priorities and context of work	3	Jennelle
Where can the CKFPC go next?	What can we as the CKFPC achieve together?  1-2-4-All Planning Activity	Melissa/Jennelle

# Question: What can the CK Food Policy Council do to strengthen CK's food system today and into the future?

Step 1: Solo Reflection (2 mins)

Step 2: In Pairs (4 mins)

Step 3: In a Group of 4 (10 mins)

## Group one Sherry, Jennifer, Tasha

- Education-increasing knowledge-social media towards youth and adults, community partners
- Lobbying for gleaning, transportation. Increasing knowledge on gleaning, resources to make it cost effective to increase the amount it happens. Make it a partnership with community agencies. Getting transportation from community partners to get volunteers out to help.
- Link food systems resources together instead of being siloed in way of building community partnerships.
- Making food more available for all income levels. Making transportation more accessible and affordable.
- Increase partnerships with youth centres and do cooking classes. Health units-teaching kitchen. Teaching kitchen lists in rural communities or different centres e.g.: Dresden has the kitchen but not the budget for the food. Food is social opportunities and connection. People will come out for the social engagement.
- Partnerships with agencies that do home visits. LINCK, PHU. They have the people and the access. If you can give them food to take to the family, it is a great way to reach them.
- Vegetable and fruit coupons

### Group 2- Karen, Kim, Jim, Allison

- Increasing food supply diversity-where you can get your food, smaller corner store. Encouraging seasonal markets
- Market concentration
- Decrease food deserts
- Geared to income services-door dash-what if geared to income way to do that.

- Working with organizations that already exist and liase with them to help increase capacity to get food to people. Get to pick your food, pick which is culturally appropriate.
- Idea of housing and transportation and making it more affordable, the impact it has on people.
- Change at Provincial and Federal level and supporting legislation. E.g.: development in housing, but what about the legislation stating that food providers and commercial food suppliers are available. Knowledge gap in planning for housing, agricultural, food. By providing our knowledge and voice.
- Remove barriers or be aware of current barriers and plan to decrease future barriers.
- Land use and planning practices, there are five sides to everything from bylaws.
- Understanding what is already out there and building off it. Current grants, gleaning, back finding and understand how to work with different organization.

## Group 3 Carmen, Alex, Nathan

Education

 Educating youth, celebrating food, and CK and keeping a positive aspect on the positive in learning. Keep it positive on touching on food insecurities. Increases passion and social belonging within the community. Potentially creating a culinary workshop for staff and entrepreneur. Provide what Chatham-Kent provides. Educate grocery store staff

#### Availability and accessibility

- Let's create a food app and do food sharing (an app where you can trade food if you make too much, have restaurants sell off end of day sales on food.) "To good to go app" "Bunners app", "Flash food."
- Making more donations easier to donate and obtain.
- Push restaurants to do sell out bags to reduce food waste to reduce waste.
- Farmers and consumers to have proper tools to distribute food within out community.

	<ul> <li>Using market stalls, local parks or using local assets to have easier ways to receive food.</li> <li>Awareness piece on community gardens. How to reach the projected clientele Promotion</li> <li>Local foods and local businesses mindful on Talbot-focus on products that have CK ingredients.</li> <li>Stronger communication on our social media groups, to focus on our youth, and bring out to winder demographics.</li> <li>Grocery stores to support local food.</li> <li>Communication with schools and build a stronger relationship.</li> </ul>	
	<ul> <li>Use park concession stands for seasonal markets. Have municipal government to help</li> <li>Funding and grants</li> <li>Lighter rules for food sharing</li> <li>Dealing with mental health and food. Working with farmers or restaurant owners, migrant workers- many hours, long hours, often solo, support local entrepreneurs. Push for better work wellness in all food sector and food industry workers.</li> <li>Lobby for reduction in plastics, bamboo, sugar cane-different types of take-out containers.</li> <li>Celebrate our farmers, food, soil, celebrate Chatham-Kent and who we are.</li> <li>Ag Advocacy-Brad Snoeblen</li> </ul>	
	Break	
Whore can the		Melissa/Jennelle
	Step 4: Share Back to Larger Group (30 mins)	ivielissa/JeHHelle
CKFPC go next?	Notes captured on Melissa & Jennelle's flipchart paper	
Next steps &	What steps will we need to take following this meeting to	Jennelle
-	develop the strategic plan?	
	Next meeting – September 26, 2024	